

Uploaded to the VFC Website



This Document has been provided to you courtesy of Veterans-For-Change!

Feel free to pass to any veteran who might be able to use this information!

For thousands more files like this and hundreds of links to useful information, and hundreds of "Frequently Asked Questions, please go to:

Veterans-For-Change

If Veterans don't help Veterans, who will?

Note

VFC is not liable for source information in this document, it is merely provided as a courtesy to our members & subscribers.



Goat Cheese & Tomato Dressing

- 1/4 Cup crumbled goat cheese
- 2 Tbsp white-wine vinegar
- 2 Tsp maple syrup
- 1/4 Cup extra-virgin olive oil
- 2 Plum tomatoes, seeded and chopped
- 1/2 Tsp salt
 - Freshly ground pepper, to taste
- 1 Tbsp chopped fresh tarragon
 - 1) Combine goat cheese, vinegar and maple syrup in a blender or food processor and blend until combined. Add oil and tomatoes and blend until smooth. Season with salt and pepper. Stir in tarragon.

Makes 1 Cup

