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# AIR FORCE HEALTH STUDY

(RANCH HAND II)

**UPDATE BRIEFING** 

29 SEPTEMBER 1986

BRIEFER: COLONEL WILLIAM H. WOLFE





## STUDY DEVELOPMENT

1978-1979	PROPOSAL DEVELOPED
1979	PEER REVIEW AND REFINEMENT
1979-1982	STUDY POPULATIONS IDENTIFIED QUESTIONNAIRES DEVELOPED
1982	PHYSICAL EXAMINATIONS ACCOMPLISHED
1983-PRESENT	MORTALITY REPORTS RELEASED
1984	BASELINE MORBIDITY REPORT RELEASED
1985	FIRST FOLLOWUP PHASE BEGUN





## STUDY DESIGN

IDENTIFY EXPOSED POPULATION

IDENTIFY AND SELECT COMPARISON POPULATION

DETERMINE BASELINE HEALTH STATUS

MORTALITY

MORBIDITY

COMPARE FINDINGS STATISTICALLY TO DELINEATE POSSIBLE HERBICIDE EFFECTS

ACCOMPLISH FOLLOWUP STUDIES OF POPULATIONS





#### MATCHING PROCESS

8 COMPARISONS SELECTED FOR EACH EXPOSED INDIVIDUAL MATCHED FOR SEX, AGE, DUTY CODE, RACE

RANDOM COMPARISONS FROM EACH MATCHED SET USED

5:1 IN FIRST FOUR MORTALITY REPORTS
ALL COMPARISONS AFTER 1986

1:1 IN BASELINE AND SUBSEQUENT MORBIDITY REPORTS
OTHERS AVAILABLE FOR REPLACEMENT



# SUMMARY OF MORTALITY RESULTS (A/O 31 DEC 84)



EVALUATION OF 55 EXPOSED AND 285 COMPARISON DEATHS

RELATIVELY SMALL NUMBERS EMPHASIZE PRELIMINARY
NATURE OF THESE RESULTS

MORTALITY EXPERIENCE NEARLY IDENTICAL IN BOTH GROUPS

CAUSE-SPECIFIC ANALYSES NOT STATISTICALLY DIFFERENT





#### ADDITIONAL MORTALITY CONTRASTS

DOD RETIRED POPULATION

ALL RANK-EXPOSURE GROUPS DOING BETTER

EXPOSED-ENLISTED GROUP NOT STATISTICALLY BETTER

ACTIVE CIVIL SERVICE PERSONNEL

ALL SUBGROUPS EQUIVALENT TO CIVIL SERVICE

1978 U S WHITE MALES

ALL SUBGROUPS DOING SIGNIFICANTLY BETTER





## SUMMARY COUNTS OF DEATHS

		RANCH HAND		COMPARISON		
RANK	AT RISK	DEAD	PERCENT	AT RISK	DEAD	PERCENT
OFFICERS	466	16	3.4	2278	98	4.3
ENLISTED	791	39	4.9	3893	187	4.8
OCCUPATION	·					
FLYING	646	24	3.7	3163	161	5.1
GROUND	611	31	5.1	3008	124	4.1
TOTAL	1257	55	4.4	6171	285	4.6





## DEATHS BY CAUSE

	EXPOSED	COMPARISONS
ACCIDENTAL	19	96
SUICIDE/HOMICIDE	5	23
MALIGNANCY	6	51
CIRCULATORY	18	80
RESPIRATORY	O	7
DIGESTIVE	5	13
OTHER	. 2	15
TOTAL	55	285





#### BASELINE MORBIDITY RESULTS

NO DEFINITIVE CLINICAL ENDPOINTS CONCLUSIVELY
ATTRIBUTABLE TO HERBICIDE EXPOSURE

NO STS, PCT, OR CHLORACNE IN THE EXPOSED GROUP

SOME CLINICAL AND SUBCLINICAL DIFFERENCES OBSERVED
RELEVANACE OF SOME DEPENDENT ON ADDITIONAL
COVARIATE DATA

MOST VALUES WITHIN NORMAL RANGES

SCHEDULED FOLLOWUP EXAMINATIONS WILL PROVIDE DATA
NECESSARY TO DEFINE RELEVANCE





#### SIGNIFICANT GROUP DIFFERENCES

SELF-PERCEPTION OF HEALTH

SKIN CANCER

REPORTED BIRTH DEFECTS AND NEONATAL DEATHS

BABINSKI REFLEXES

SUBJECTIVE PSYCHOLOGICAL MEASURES

HEPATIC FUNCTION TESTS (GGTP, LDH, CHOLESTEROL)

PERIPHERAL PULSES

THYROID AND TESTOSTERONE





### PHASE II EXAMINATIONS

PILOT EXAMINATIONS IN APRIL 85

10 EXAMINEES

INITIAL EXAMINATIONS BEGAN MAY 85

2 GROUPS PER WEEK

9 GROUPS LOST DUE TO HOLIDAYS

2309 PARTICIPANTS

COMPLETED MARCH 86





## PROGRAM MODIFICATIONS FROM BASELINE

INTERVAL HISTORY (SUBJECT AND SPOUSE)

PHONE INTERVIEW WITH ENTIRE COMPARISON GROUP

BASELINE QUESTIONNAIRES TO NEW SUBJECTS AND SPOUSES

#### DELETIONS:

PULMONARY FUNCTION STUDIES

NERVE CONDUCTION STUDIES

SEMEN STUDIES

IQ TESTING





## PROGRAM ENHANCEMENTS

SKIN CANCER EVALUATION

IMPROVED ALCOHOL AND SMOKING ASSESSMENT

COMBAT STRESS ASSESSMENT

BIRTH DEFECT SEVERITY ASSESSMENT

DOPPLER EXAMINATION OF PULSES

IMPROVED IMMUNOLOGIC ASSESSMENT

PORPHYRIN PROFILE BY HPLC





## EXAMINATION QUALITY CONTROL

OBSERVATION BY MONITOR WITH CHECKLIST

MARK-SENSE EXAMINATION FORMS

MANUAL AND ADP QC REVIEWS

STRICT LABORATORY QC

TIGHT CV%

FIRCUSUM

NO PRIOR STANDARDS FOR

IMMUNOLOGY QC

PATIENT CRITIQUE FORMS

BLINDNESS OF EXAMINERS





## DAILY SCHEDULE

0530	START 12-HOUR URINE COLLECTION		
0630	DEPART FOR CLINIC		
0700- 0800	INITIAL BLOOD DRAW		
0900 0900	SKIN TESTING		
0800- 1500	EXAMINATION		
	PSYCHOLOGICAL TESTING		
	INTERVIEW		
1730	TURN IN URINE COLLECTION		





### RESTRICTIONS

3 DAY CARBOHYDRATE LOADING DIET

3 DAY ABSTINENCE FROM ALCOHOL

NO ALCOHOL FOR 2 DAYS ONSITE

FASTING AFTER MIDNIGHT

NO CAFFIENE OR NICOTINE AFTER MIDNIGHT
RESTRICTED UNTIL AFTER ECG AND DOPPLER





## PARTICIPATION

	RANCH HANDERS	ÖRIGINALS	REPLACEMENTS
PARTIAL	39	62	32
REFUSAL	6	9	9
NEW	_	3	39
GAINS	45	74	80
LOSSES	74	64	21
RETURNEES	<del>9</del> 71	872	267
PHASE II TOTAL	1016	946	347
BASELINE TOTAL	1045	936	288





## IMMUNOLOGY STUDIES

RANDOM SELECTION OF 1082 PARTICIPANTS (47%)
B AND T CELL STUDIES PERFORMED

SKIN TESTS TO 1768 (77%)
541 DELETED TO AVOID CONFOUNDING





## SPOUSE QUESTIONNAIRES

INTERVAL HISTORY

1915 COMPLETED

979 ONSITE

936 MAIL/PHONE

BASELINE GIVEN TO 74

FERTILITY REVIEW

CONTACTED 2108 SPOUSES

1613 RESPONDED (76.5%)





## TELEPHONE QUESTIONNAIRES

TOTAL SUBJECTS	7,963
INTERVIEWS COMPLETE	7,411 (93.1%)
REFUSALS	335 ( 4.2%)
UNLOCATABLES	190 ( 2.4%)
DECERSED	26 ( 0.3%)





## THIRD PHYSICAL EXAMINATION

SCRIPPS CLINIC

LA JOLLA, CA

MAY 1987





## ANTICIPATED EXAMINATION ADDITIONS

#### COMPLIANCE ENHANCEMENT

TONOMETRY

VISUAL ACUITY

AUDIOGRAMS

STOOL FOR OCCULT BLOOD

(PROCTOSCOPIC FOLLOWUP)

MEDICAL CONTACT CARDS





## ANTICIPATED EXAMINATION ADDITIONS

#### SCIENTIFIC ISSUES

PULMONARY FUNCTION STUDIES

SCLR-90 PSYCHOLOGICAL BATTERY

MILLON CLINICAL SCALE

AUTOMATED BLOOD PRESSURE MONITOR

PROTEIN PROFILE

PHENOTYPE MARKER FOR ACTIVATED T CELLS

OPTIMIZE NATURAL KILLER CELL ASSAY

WITH INTERLUKIN-2





## ANTICIPATED EXAMINATION DELETIONS

MMPI

CORNELL INDEX

POKEWEED ANTIGEN

HALSTEAD-REITAN

FROZEN MLC POOL

TIMED URINE COLLECTION

PERIPHERAL DOPPLER

PORPHYRIN PROFILES

CORTISOL DETERMINATIONS





## ADDITIONAL CONSIDERATIONS

CARDIAC STRESS TESTING
PERSONALLY FUNDED IF DESIRED

D-GLUCARIC ACID ASSAY OF BANKED URINE SPECIMENS

SERUM DIOXIN ASSAY OF SUBSET OF EXPOSED GROUP





## MILESTONES

JUNE 1986	ANALYSIS	BEGUN
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FALL 1986 MORTALITY UPDATE

MAY 1987 THIRD EXAMINATION TO BEGIN

FALL 1987 RELEASE OF SECOND MORBIDITY REPORT

FALL 1987 1987 MORTALITY REPORT

FALL 1989 RELEASE OF THIRD MORBIDITY REPORT