

Uploaded to the VFC Website



This Document has been provided to you courtesy of Veterans-For-Change!

Feel free to pass to any veteran who might be able to use this information!

For thousands more files like this and hundreds of links to useful information, and hundreds of "Frequently Asked Questions, please go to:

Veterans-For-Change

Veterans-For-Change is a A 501(c)(3) Non-Profit Organizaton
Tax ID #27-3820181
CA Incorporation ID #3340400
CA Dept. of Charities ID #: CT-0190794

If Veterans don't help Veterans, who will?

We appreciate all donations to continue to provide information and services to Veterans and their families.

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=WGT2M5UTB9A78

Note

VFC is not liable for source information in this document, it is merely provided as a courtesy to our members & subscribers.



Coconut Crème Brulee

- 1 Cup heavy cream
- 1 Cup coconut milk, fresh or canned
- 8 Egg yolks
- 1/3 Cup granulated white sugar
- 1 Tsp vanilla
- 2 Tbsp Malibu rum
- 1/4 Cup granulated white sugar (for the caramelized tops)
- 3 Tbsp toasted, sweetened, flaked coconut
 - 1) Preheat oven to 300 degrees.
 - 2) In a large bowl, combine the cream, coconut milk, egg yolks, sugar, vanilla, and rum. Whisk until smooth. Skim off any foam or bubbles.
 - 3) Divide mixture among 6 ramekins or custard cups.
 - 4) Place in a water bath and bake until set around the edges, but still loose in the center, about 50 minutes.
 - 5) Remove from oven and leave in the water bath until cooled.
 - 6) Remove cups from water bath and chill for at least 2 hours, or up to 2 days.
 - 7) When ready to serve, sprinkle about 2 teaspoons of sugar over each custard and caramelize with small butane torch.
 - 8) When the top has hardened, sprinkle the toasted coconut evenly over the finished crème brulee.

Yield: Serves 6