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Chicken Enchilada Casserole

6 chicken breasts

2 cup sliced fresh mushrooms

1 1/4 cup chopped onion (1 medium)

1/2 cup chopped bell pepper

2 tablespoons minced jalapeno pepper

1 (4 oz) can chopped green chilies

1/4 cup milk

3 tablespoons all-purpose flour

1 1/2 cups water

3/4 teaspoons chili powder

1/2 teaspoons salt

1/2 teaspoon ground cumin

1/4 teaspoon pepper

8 corn tortillas

1 cup shredded cheddar cheese

1/2 cup tomato-chopped-unpeeled

1/4 cup sour cream

- 1) Cook chicken and dice, set aside.
- 2) Sauté mushrooms, onion, bell pepper, & minced jalapeno pepper until tender. Remove skillet from heat; stir in chicken and green chilies. Set aside.
- 3) Combine milk and flour in a small saucepan.
- 4) Gradually stir in water; place on medium heat-cook & stir until thick & bubbly.
- 5) Stir in chili powder, salt, cumin, & pepper.
- 6) Add to chicken mixture and set aside.
- 7) Wrap tortillas in damp paper towels & then in foil & bake at 350 degrees for 10 min.
- 8) Arrange half of the tortillas in a 12x8x2 dish. Top with half of chicken mixture.
- 9) Repeat with rest of tortillas and chicken mixture.
- 10) Cover and bake at 350 degrees for 25 min.
- 11) Uncover and sprinkle with cheese; let stand 10 min.
- 12) Top serving with tomato and sour cream. Garnish with additional jalapeno pepper slices.

Yield: 6 Servings