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Support for Military Children and Families

Posted by: [Health.mil Staff](#)

Monday, April 05, 2010



Children who experience a parent's deployment can have trouble coping, especially when mom or dad returns home with an injury – or doesn't return home at all.

During the Month of the Military Child, the MHS will offer a number of different informational resources to educate military families, supporters and caregivers on the unique challenges military children present.

Some of the unique programs promoted by the MHS include:

- Sesame Street's "Talk. Listen. Connect" program is designed to support military families with children between the ages of two and five who are

experiencing deployment, multiple deployments, or a parent's return home due to a combat-related injury.

- **Deployment Kids** offers children's activities related to deployment, including downloads, a distance calculator, journals and games.
- **The Family Resiliency Kit** includes educational materials on coping with the stress of deployment, recognizing signs and symptoms of mental health problems, reconnecting with children, and how and when to access behavioral health services provided by the DoD and Veterans Affairs.