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Easy Pork Chop Saute With Cranberries

Prep Time: 10 mins Cook Time: 20 mins Total Time: 30 mins

Ingredients

- > 1/4 teaspoon thyme leaves, dried
- > 1/4 teaspoon salt, divided
- > 1/4 teaspoon pepper, black ground, divided
- > 1 1/4 pounds pork, boneless loin chops, (4 chops totaling 1-1 1/4 pounds), trimmed of fat
- > 2/3 cup(s) cranberry juice, or orange juice
- ≥ 2 1/2 tablespoon honey, (2.5-3 Tablespoons), clover honey or other mild honey
- > 2 teaspoon oil, canola
- > 1/4 cup(s) onion(s), chopped
- > 1 cup(s) cranberries, fresh or frozen, thawed, and coarsely chopped

Preparation

- 1. Mix thyme and 1/8 teaspoon each salt and pepper in a small bowl. Sprinkle both sides of pork chops with the thyme mixture.
- 2. Stir cranberry juice and 2 1/2 tablespoons honey in a 1-cup glass measure until well blended.
- 3. Heat oil in a large nonstick skillet over medium-high heat until hot but not smoking. Add the chops and cook until browned on both sides, 2 to 3 minutes per side.
- 4. Push the chops to one side of the pan, add onion to the empty half and cook, stirring, until the onion is soft and beginning to brown, 1 to 2 minutes.
- 5. Pour half the juice mixture into the pan. Add cranberries. Reduce heat to medium and cook, turning the chops occasionally, until cooked through, 2 to 4 minutes. Transfer the chops to a serving plate and tent with foil to keep warm.
- 6. Add the remaining juice mixture to the pan. Increase heat to high and cook until the mixtures reduces to form a syrupy sauce, about 2 minutes.
- 7. Season with the remaining 1/8 teaspoon salt and pepper and up to an additional 1/2 tablespoon honey to taste. Spoon the sauce over the chops.