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Chocolate-Banana Sipper

Total Time: 5 mins

Ingredients

- 2 cup(s) milk, fat-free
- 1 medium banana(s), sliced and frozen
- 3 tablespoon cocoa powder, unsweetened
- 2 tablespoon honey
- 1 teaspoon vanilla extract

Preparation

1. In a blender, combine milk, banana, cocoa powder, honey, and vanilla. Cover and blend until smooth and frothy.

