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Veterans-For-Change

If Veterans don't help Veterans, who will?

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Riverside County, California

Behavioral Health & Wellness Resources

* For Immediate Emergencies: Call 9-1-1, visit the nearest emergency room, call the VA suicide prevention crisis line at 1-800-273-8255 and/or the Didi Hirsch Suicide Prevention line at (800) 273-8255, or text CONNECT to 741741

Organization Name: VA Vet Centers

Location: Los Angeles County Number: 877-927-8387 (24hr line for information re nearest Vet Center) Website: https://www.vetcenter.va.gov/ Services: Individual, PTSD and MST family/couples therapy, mentorship, education for Active Duty, Veterans & families Fee: Free to Veterans with VA benefits

Organization Name: LA County DMH VALOR

Location: Los Angeles County Number: (213) 763-0300 between the hours of 8:00AM and 5:00PM Website: <u>https://dmh.lacounty.gov/our-services/outpatient-services/valor/</u> Services: Children, Transition Age Youth, Adults, Older Adults, Countywide Services, Disaster Services, Public Guardian Fee: Free

Organization Name: Strength In Support

Location: Los Angeles County & Orange County Number: (310) 736-1090 & (949)505-5015 ext.1 Website: www.strengthinsupport.org/ Service: Individual, family/couples therapy, mentorship, education for Active Duty, Veterans & families Fee: Low Income

Organization Name: Wright Institute Los Angeles

Location: 11845 West Olympic Boulevard, Suite 505W, Los Angeles, CA 90064 Number: (424) 371-5191 Website: https://wila.org/affordable-psychotherapy Service: Individual, families, couples, & groups Fee: Fees are based on your financial situation

Organization Name: Pepperdine Counseling Clinic

Location: Multiple Locations (Irvine, Encino, WLA) Number: WLA 310-568-5752; Irvine 949-223-2570; Encino 818-501-1678 Website: <u>https://gsep.pepperdine.edu/about/clinics/</u> Service: Individual, Couples Fee: Sliding Scale: Yes | Accepts Insurance: No

Organization Name: Southern California Counseling Center

Location: 5615 W Pico Blvd., Los Angeles, CA Number: 323-937-1344 Website: <u>https://sccc-la.org/get-help/</u> Service: Individual Therapy, Couples, etc Fee: Sliding Scale: Yes | Accepts Insurance: No

Organization Name: **Open PATHS** Location: Culver City Number: **310-258-9677** Website: <u>https://openpaths.org/</u> Service: Individual Therapy, Couples, etc Fee: Sliding Scale: Yes | Accepts Insurance: No



Physical Health & Wellness Resources

Organization Name: **Merging Vets and Players (MVP) (Recreation/Exercise Group for Combat Veterans)** Location: 8225 Sunset Blvd, Los Angeles, CA 90046 Number:<u>mvp@vetsandplayers.org</u> | 323.536.9322 Website: <u>https://www.vetsandplayers.org/</u> Service: Physical Health & Wellness Resources Fee: Free, must be combat veteran

Organization Name: **Higher Ground Los Angeles (Recreation)** Location: N/A

Number: 213. 700. 7232 Website: <u>https://highergroundusa.org/programs/#military</u> Service: Physical Health & Wellness Resources

Organization Name: Team RWB (Recreation)

Location: HQ's in Alexandria, VA but several chapters all over the USA Number/Email: LA Chapter: Genevieve Urquidi, genevieve.urquidi@teamrwb.org Website: <u>https://www.teamrwb.org/</u> Service: Physical Health & Wellness Resources

Organization Name: Dental Program (Physical)

Location: 777 Jackman St, Lancaster, CA 93534 Number: T (661) 974-8842 Website: <u>http://mva.lacounty.gov/dental-insurance-program/</u> Service: Allows Veterans to enroll in dental insurance programs at a reduced cost Fee: varies

Organization Name: VA Vision & Hearing Program (Physical) Location: N/A Number: contact online via website Website: <u>https://www.military.com/benefits/veterans-health-care/va-provided-hearing-and-vision-benefits.html</u> Service: Vision and Hearing benefits for Veterans Fee: varies

Organization Name: Los Angeles Metro (Transportation) Location: varies based on your location Number: Transit Info: 323.GO.METRO (323.466.3876) Website: <u>https://www.metro.net/</u> Service: transportation Fee: varies



Spiritual Resources & Service Organizations

Organization Name: **West Los Angeles VA Chaplaincy** Location: WLA, Bldg 500, 6th floor west wing SACC, Bldg 24 Hours: M-F 8:00a - 4:30p | M-F 8:00a - 4:30p Number: WLA 310-268-3391 | SACC 818-897-7711 Ext. 9322 Website: https://www.losangeles.va.gov/services/Chaplain_Service.asp Service: The primary objective of the Chaplain Service is to provide for the spiritual welfare of our patients. Fee: none

Organization Name: **Team Rubicon (Service Organization)** Location: Nationwide Contact: via website: <u>https://teamrubiconusa.org/contact/</u> Website: <u>https://teamrubiconusa.org/</u> Service: Team Rubicon is a 501(c)3 nonprofit that utilizes the skills and experiences of military veterans with first responders to rapidly deploy emergency response teams. Fee: n/a

Organization Name: The Mission Continues (Service Organization)

Location: 1141 South 7th Street, St. Louis, MO 63104

Number: (314) 588 8805

Website: https://missioncontinues.org/

Service: At The Mission Continues, we're on a mission to connect veterans with under-resourced communities. Programs are in cities across the country deploy veteran volunteers alongside nonprofit partners and community leaders to improve educational resources, increase access to parks and green spaces, foster neighborhood identity, and more.

Fee: Free, Post 9-11 Veterans

Organization Name: **Team Red, White, and Blue** Location: Varies Number: Website: www.teamrwb.org Service: Team RWB's mission is to enrich the lives of America's veterans by connecting them to their community through physical and social activity. Fee: Free, Post 9-11 Veterans



Benefits Resources

Organization Name: WLA VA Benefits Office

Location: 11000 Wilshire Blvd, Los Angeles, CA 90024

Number: 844. 698. 2311 TTY: 711

Website: https://www.benefits.va.gov/losangeles/

Service: VA's Insurance Service provides beneficiaries with free, professional financial advice from FinancialPoint, an independent company whose team of professionals are experts in handling a wide range of financial matters. Beneficiaries can access this service online 24/7 to request a financial plan. They simply enter their information into FinancialPoint's website, and a financial professional will prepare a customized financial plan based on the details provided. Learn more about Beneficiary Financial Counseling Fee:

Organization Name: Los Angeles County Military and Veterans Affairs at Patriotic Hall

Location: 1816 S. Figueroa St. Los Angeles, CA 90015 Number: T (213) 765-9681 Website: http://mva.lacounty.gov/bob-hope-patriotic-hall/ Services: The purpose of the renovation was to provide A New Hope for Veterans by improving the efficiency of operations and enhancing veteran services in the County.

Organization Name: American Legion Claims Assistance

Location: Federal Building

Number: https://www.legion.org/contact

Website: https://www.legion.org/serviceofficers

Service: Benefits, Careers, Education, Health Care, USAA Financial, Women Veterans, Troop and Family Support Center

Fee: free

Organization Name: **DAV Claims Assistance** Location: Federal Building Number: <u>https://www.dav.org/contact-us/</u> Website: <u>https://www.dav.org/get-help/</u>

Service: We provide life-changing help to veterans that promotes their physical, emotional and economic well-being. And DAV fights for the rights of disabled veterans on Capitol Hill, promoting policies that help veterans and their families

Fee: free



Education Resources

Organization Name: **West Los Angeles Veteran Administration Education Benefits Office** Location: West Los Angeles Number: (310) 478-3711 Ext. 48659 Website: https://www.va.gov/education/ Service: Educational and training benefits Fee: Dependent on service

Organization Name: **Veterans Upward Bound Program** Location: 5400 E Olympic Blvd, Suite 210, Los Angeles, CA 90022 Number:323.721.1655 Ext 422 Website: www.telacu.com Service: College preparatory courses in Computer Science, English, Math, Typing and Rosetta Stone Fee: Free for honorably discharged veterans

Organization Name: **California National Guard Education Assistance Award Program** Location: State of California Number: (916) 854-4446 Website: https://calguard.ca.gov/education/ Service: financial awards to qualifying members of the California National Guard and State Military Reserve Fee: Free

Organization Name: **Call of Duty Endowment (CODE)** Location: Online Number: N/A Website: <u>https://www.callofdutyendowment.org/us_veteran_support</u> Service: Free job locator for military veterans Fee: Free

Organization Name: **Los Angeles Unified School District - Troops to Education** Location:333 South Beaudry Avenue, Los Angeles, CA 90017 Number:(213) 241-4571 or via email at Website: juan.puentes@lausd.net. Service: Assistance for military veterans transitioning into a career of education Fee: Free

Organization Name: VET TEC-- Veteran Employment Through Technology Education Courses Location: National Number: 1-888-442-4551 Website: https://www.benefits.va.gov/GIBILL/fgib/VetTec_Veteran.asp Service: tuition and housing assistance program launching that will help you advance your IT career. VET TEC pays for you to take your classes in one of five areas: information science, computer programming, data processing, media applications, and computer software. Apply online. You'll receive a letter from VA with a decision. If you are approved for VET TEC, you can review our list of approved providers to find a program you want to take. Contact your chosen provider and tell them you are eligible for VET TEC and interested in their program.

Fee: If you have at least one day of unexpired GI Bill entitlement, then you may be eligible for VET TEC.



Employment Resources

Organization Name: National Veterans Transition Services, Inc.

Initiatives:

- Operation REBOOT-- <u>https://www.nvtsi.org/operation-reboot/</u>; 619-822-2701; <u>reboot@nvtsi.org</u>
- Operation Vetrepreneur -- <u>https://www.nvtsi.org/ov/;</u> 619-660-6730; <u>vicki@veteransinbiz.com</u>
- Operation EMPOWER [Women Vets] -- <u>https://www.nvtsi.org/all-woman-reboot-workshop/</u>; 619-822-2701; <u>reboot@nvtsi.org</u>

Location: San Diego, CA (but workshops offered at a variety of locations) Number: 619-822-2701

E-mail: reboot@nvtsi.org

Service: Transition Employment Support Enrollment: https://www.nytsi.org/enroll/

Fee: Free ; **ELIGIBLE PERSONNEL ARE AS FOLLOWS:** Veterans of all Wars, Active Duty, Reserves, National Guard of all branches of the Military and their Spouses. Personnel should be prepared to provide the following prior to the beginning of the Workshop: Page 13, TAD No-Cost Orders, Travel Orders, DD-214, or proof of relations to service member.

Resource Name: UCLA Veterans Alumni Network "Rocking your Resume Workshop" Location: Online Workshop

Website: https://www.youtube.com/watch?v=irUtcDHDKpc&feature=youtu.be

Organization Name: LinkedIn Veterans Programs

Websites: https://socialimpact.linkedin.com/programs/veterans/premiumform https://socialimpact.linkedin.com/programs/veterans/veteran-programs https://www.linkedin.com/learning/paths/transition-from-military-to-civilian-employment?src=direct%2Fnone& veh=direct%2Fnone [18 hours of content to assist with employment transition after service. Service: One year of LinkedIn Premium for FREE and free online employment assistance tutorials Fee/Eligibility: Free for ONE YEAR + great veterans employment resource tutorials.

Organization Name: The Salvation Army HAVEN Employment Services

Location: Los Angeles County Number: (310) 694-7332 Website:https://thehaven.salvationarmy.org/ Service: Provide customized job preparation services matched to the veteran's needs, interests and qualifications Fee: Free for unemployed or underemployed eligible veterans

Organization Name: **Veterans Los Angeles County America's Job Center** Location:Bob Hope Patriotic Hall (4th Floor) 1816 South Figueroa Street | Los Angeles | 90015 Number: (888) 226-6300 Website:https://workforce.lacounty.gov/job-seekers/veterans-services/ Service: Assist veterans to re-enter the civilian workforce and to achieve a competitive edge in the labor market. Fee: Free for eligible veterans

Organization Name: **JVS** Location: 6505 Wilshire Blvd, Suite 200, Los Angeles, CA 90048 Number: (323) 761-8888



Website:https://www.jvs-socal.org/program/veterans/

Service: Professional career coaching, assessments to identify transferable skills, and job search skills Fee: Free for eligible veterans and spouses.

Organization Name: Goodwill Veterans Employment

Location: 3150 N. San Fernando Road, Los Angeles, CA 90065 Number: (323) 543-8440 Website :https://www.goodwillsocal.org/career-services/veteran-employment/ Service: Offers skills assessments, one-on-one career counseling, and employment preparation courses Fee: Free for eligible services

Organization Name: **Patriots Path** Location: North Carolina Number: 704.369.5500 Website :<u>https://patriots-path.org/program/</u> Service: Patriots Path's <u>5-Part</u> program provides career transition strategies for military Veterans (and spouses) as well as active duty Guard and Reserve members. Online Registration:

https://patriots-path.org/new-student-registration/

Fee: Registration of \$25 but courses and program free



Veteran & Family Legal Resources

Organization Name: Harriet Buhai Center for Family Law

Location: 3250 Wilshire Blvd, Ste 710, 90010 Number: 213-388-7505 Website: www.hbcfl.org Service: Family Law. Educate clients to represent themselves on family law matters. LA County/low income. Must be able to come to their offices. Fee: Free

Organization Name: Community Veteran Justice Project (CVJP)

Location: West LA VA Bldg 257, Sepulveda VA, Bob Hope Patriotic Hall Email: office.cvjp@gmail.com Website:<u>www.cvjp.org</u> Service: Criminal Law, Legal Resources/Referrals Fee: Free

Organization Name: Legal Aid Foundation of LA (LAFLA)

Location: Monday, 9-12 Bob Hope Patriotic Hall

Wednesday, 6-8 Los Angeles Community Action Network (838 E. 6th St., Los Angeles, CA 90021)

Second Tuesday of the Month, 7:30-9, Welcome Center (Bldg 257, West LA VA) First Thursday of the Month, 4-6, U.S. Veterans Initiative, Residence Hall (733 S. Hindry Ave., Ground Floor, Case Management Administrative Office, Inglewood, CA 90301)

Number: 800-399-4529

Website: https://lafla.org/help/services/veterans/

Services: Housing/landlord, VA benefits, gov't benefits, changing a criminal record, driver's license reinstatement, citation defense, child support modification, student loan and gi bill issues, military discharge upgrades, employment problems, creditor harassment Fee: Free

Organization Name: Levitt Quinn

Location: 1557 Beverly Blvd, Los Angeles, CA 90026 Number: (213) 482-1800, ext 300 Website: www.levittquinn.org Service: Family Law Fee: Sliding scale

Organization Name: UCLA Veterans Legal Clinic

Location: West Los Angeles VA Campus (calls preferred) Number: (310) 478-3711 x 42354 (to schedule intake) Website: https://law.ucla.edu/academics/clinical-and-experiential-programs/veterans-legal-clinic/ Service: Discharge upgrades, parking tickets Fee: Free

Organization Name: Public Counsel Center for Veteran Advancement Location: 610 South Ardmore Avenue Los Angeles, CA 90005 Number: (213) 385-2977 Website: http://www.publiccounsel.org/practice_areas/center_for_veterans_advancement Fee: Free



Financial Resources

Organization Name: **22 Until None** Location: 22 UNTIL NONE, 18402 N 19th Ave. Box 370, Phoenix, AZ 85023 Number: 866-254-9961 Website: <u>https://www.22untilnone.org/</u> Service: food cards, gas cards, utility help Fee: Free, must submit DD214

Organization Name: **Military One Source** Location: N/A Number: 800-342-9647 Website: www.militaryonesource.mil Service: Financial plan/budget Fee: Free

Organization Name: Support the Enlisted Project (STEP) Locations: San Diego Office:9951 Businesspark Ave. Suite A, San Diego CA, 92131 Tel: 858-695-6810 Fax: 858-695-6845 Orange County Office: 1631 Sunflower Ave Suite C34, Santa Ana, CA 92704 Tel: 714-444-0075 Website: https://www.stepsocal.org/ Service: Financial assistance Fee: Free

Name: **ModestNeeds.org** Location: N/A Website: <u>https://www.modestneeds.org/index.asp</u> Contact: (844) 667-3776 via email: <u>https://www.modestneeds.org/contact/</u> Service: Financial Fee: Free

Organization Name: **USA Cares** Location: N/A (HQ is in Kentucky) Number: 1-800-773-0387 Website: <u>https://usacares.org/</u> Service: USA Cares is committed to its mission to provide financial and advocacy assistance to post-9/11 active duty U.S. military service personnel, veterans and their families. Fee: Free

Organization Name: **Village for Vets** Location: 149 S. Barrington Ave. #640 | Los Angeles, CA 90049 Contact: E: info@villageforvets.org Website: <u>https://villageforvets.org/</u> Service: Financial support for most vulnerable Vets (homelessness) Fee: Free



Families & Children Resources

Organization Name: **Support the Enlisted Project (STEP)** Locations: San Diego Office:9951 Businesspark Ave. Suite A, San Diego CA, 92131 Tel: 858-695-6810 Fax: 858-695-6845 Orange County Office: 1631 Sunflower Ave Suite C34, Santa Ana, CA 92704 Tel: 714-444-0075 Website: https://www.stepsocal.org/ Service: Financial assistance Fee: Free

Organization Name: **USA Cares** Location: N/A (HQ is in Kentucky) Number: 1-800-773-0387 Website: <u>https://usacares.org/</u> Service: USA Cares is committed to its mission to provide financial and advocacy assistance to post-9/11 active duty U.S. military service personnel, veterans and their families. Fee: Free

Organization Name: Village for Vets Location: 149 S. Barrington Ave. #640 | Los Angeles, CA 90049 Contact: E: info@villageforvets.org Website: <u>https://villageforvets.org/</u> Service: Financial support for most vulnerable Vets (homelessness) Fee: Free

Organization Name: **Pathways LA** Location:3325 Wilshire Blvd, Ste 1100, LA 90010 Number: 213-427-2700 Website: <u>https://pathwaysla.org/</u> Service: Finds childcare resources, and helps apply for financial help with child care Fee: varies



Grief & Loss Resources

Organization Name: **STAR UCLA Clinic Family Group** Location: 760 Westwood Plaza, Los Angeles, CA, 90095 Number: 310-825-7573 Website:<u>https://nfrc.ucla.edu/STARClinic</u>

Organization Name: **OurHouse Grief Support Center** Location: 1663 Sawtelle Blvd, Los Angeles, CA 90025 Number: (310) 473-1511 Website: <u>http://www.ourhouse-grief.org/groups-at-our-centers/</u>

Organization Name: **Jewish Bereavement Project** Location: 2050 S Bundy Dr #270, Los Angeles, CA 90025 Number: (310) 820-4111 Website: <u>http://www.jewishbereavement.org/groups_location_WLA.html</u>

Organization Name: Twilight Brigade

Website: http://www.thetwilightbrigade.com/

Service: National nonprofit organization that recruits and trains volunteers to be at the bedside of people with terminal illness. They believe that no one should die alone.

Organization Name: Gold Star Families

Website: http://goldstarfamilies.com/

Services: "Gold Star" describes a family member who has lost a loved one on active military service. Offer free camps for children, family days.

Organization Name: **Operation We are here**

Website: <u>http://www.operationwearehere.com/CaringInsightsLovedOnesOfFallen.html</u> Service: Offers a variety of resources for military families but also some helpful insights for those coping with the loss of a service member.

Organization Name: Transition Assistance Programs for Survivors (TAPS)

Website: <u>https://www.taps.org/suicideloss</u>, <u>https://www.taps.org/griefcounseling</u>, <u>https://www.taps.org/institute</u> Service: Education & Therapy, Suicide, Loss, Grief



LGBTQIA Resources

Organization Name: VA Greater Los Angeles Lesbian, Gay, Bisexual and Transgender Veteran Care

Location: VA Greater Los Angeles Healthcare System

11301 Wilshire Blvd, Building 206 Room 33 Los Angeles, CA 90073

Number: 310-478-3711, ext. 47627

Website: https://www.losangeles.va.gov/services/lgbt/index.asp

Service: Grant & Per Diem Social Worker: VOA Hollywood Veterans Center, LGBT Special Emphasis Program Coordinator, LGBT Veteran Care Coordinator Pronouns: She/Her/Hers VA Greater Los Angeles Healthcare System seeks to promote the health, welfare, and dignity of LGBT Veterans and their families. We are committed to making sensitive and high quality health care accessible. Our policies and practices focus on ensuring a safe, welcoming, and affirmative environment of care for LGBT Veterans. Our employees receive training in clinically competent care that is responsive to the unique needs of LGBT Veterans. Free: Free

Organization Name: Los Angeles County Department of Military Affairs and Mental Health

Location: The Village at Ed Gould Plaza – Los Angeles LGBT Center, 1125 N. McCadden Pl. Los Angeles, CA 90038 United States Number: 323-860-5830 Website: Service: Serving all veterans over the age of 50 including our LGBT veteran community. Access your benefits and resources. Fee: Free

Organization Name: **GLAAD** Location: Number: Website: glaad.org/resourcelist Service: Clearing house for resources for all LGBT related issues Fee: Free



Women Veterans Resources

Organization Name: VA Greater Los Angeles Women's Health Services

Service: Provides gender-specific medical and mental health care to women veterans, including issues like PTS and MST Website:<u>https://www.losangeles.va.gov/services/women.asp</u>

Organization Name: US Vets Women Vets On Point

Location: Bob Hope Patriotic Hall 1816 S. Figueroa St., 4th Floor Los Angeles, CA 90015 Number: 213-335-5432 **Website:** <u>http://womenvetsonpoint.org</u>/ **Service:** Women Veterans mental health counseling and resources.

Fee: Free

Organization Name: UCLA/VA Veteran Family Wellness Center (VFWC)

Location: 11301 Wilshire Blvd, Building 220, Ste 316, 90073 Number: (310) 478-3711 x 42793 Website: <u>https://vfwc.ucla.edu/</u> Service: Resilience-based wellness and resource program for Veterans and families including Women Veterans Fee: Free

Organization Name: UCLA Rape Treatment Center

Location: Santa Monica

Number: (424) 259-7208

Website: https://www.uclahealth.org/santa-monica/rape-treatment

Service: Emergency medical care, forensic exams, crisis intervention and assistance with reporting a sexual assault, as well as advocacy, longer-term therapy and other support services. Information about victim rights, options and resources to support victims in making informed decisions. State-of-the-art medical treatment for adult and child sexual-assault victims, 24 hours every day.

Fee: Free free, comprehensive services

Organization Name: Foundation For Women Warriors Location: 5062 Lankershim Blvd, #3013 North Hollywood, CA 91601 Number: 310-733-2450 Website: <u>https://foundationforwomenwarriors.org/</u> Service: Serve women veterans and their children financial assistance, employment, and childcare

Organization Name: **WOVEN Military Women Entrepreneurs Network** Website: <u>https://www.meetup.com/WOVEN-Meetup-for-Military-Women-Entrepreneurs/</u> Service: Military Women and Military Spouses -- build your business with an entrepreneur brigade!

Organization Name: California Women Veterans Leadership Council (CWVLC)

Service: The California Women Veterans Leadership Council was formed in April 2016 to provide a statewide structure in which women veterans can share information and collaborate across regions in California about issues important to women who served. To ensure representation in every part of the state, the Council needs more women veteran members. Please consider serving your community.

Website: https://www.calvet.ca.gov/WomenVets/Pages/California-Women-Veterans-Leadership-Council.aspx

