



Veterans-For-Change Newsletter

A Voice of the Veterans

Week Ending Sunday, December 17, 2017

Volume 8, Issue 47



This-N-That

Surprise, surprise, the new VA ID Card system has been stopped, my guess is that the VA's IT department staff still can't write a software program, fully test before launching and it has all kinds of bugs in it.

The previous card also had it's bugs too! You could use it at a kiosk to check in for appointments, but then you'd have to use another kiosk and enter all your information in again at the pharmacy.

Makes me wonder what this software program has cost the American taxpayer, and how much could have been saved bringing in a civilian program that does the same things but maybe with minor modifications, just as the medical claims could be done as well.

Then we still have the problem with staph infections in many VA systems that have gone unchecked and not corrected which has cost who knows how many more Veteran lives. But the best they can say is that they have "reduced" the mortality rate.

If they simply did the jobs they were hired for, provided the necessary care and followed hospital and medical guidelines on cleaning and sterilizations most of these issues would be almost non-existent.

As part of the U.S. Department of Veterans Affairs' (VA) ongoing efforts to modernize and improve Veterans' experience with the disability claims process, VA unveiled its latest enhancements to the Decision Ready Claims (DRC) program, which will expand the pool of Veterans, surviving spouses and service members eligible to participate in the program.

This too makes me wonder how long before they find hiccups in this process and put a hold on it due to system failures.

Then we have our wonderful court system telling our military who they can and can't enlist up to and including transgender personnel.

All military personnel, including troops in Iraq, Syria and Afghanistan, would go without pay in the event of a government shutdown due to the perennial failure of Congress to enact a budget on time, the Pentagon's comptroller said Thursday.

If as usual Congress pulls off a late night extension allowing them more time to come up with a "balanced budget" to prevent this from happening, personally I feel legislation is needed to halt all pay for members of Congress and their staff if they can't perform their duties on time without an extension.

They need to really think long and hard about all those whom they are affecting by their inability to perform in a timely manner.

There are several action items in this newsletter, and we ask you to please, click on the links and send out the pre-written E-Mails to your reps in DC.

We've also run in the last few newsletters information on the missing man table. We will continue to run till Christmas in the hopes all will make this a family tradition if you haven't already.

So many will never spend another Christmas, birthday or any other special date, they gave their all and made the ultimate of sacrifice, and this is just one more way we can say we won't ever forget you!

On behalf of our Volunteers nationwide and myself, we wish you and your family a very Merry Christmas and good health!

Respectfully,

Jim Davis

Founder

Jim.Davis@Veterans-For-Change.org



VA Hotline Open 24/7

The U.S. Department of Veterans Affairs (VA) has announced that the White House VA Hotline, first launched in June as part of President Donald Trump's commitment to reforming VA, is now fully staffed with live agents working to serve veterans 24 hours a day, 365 days a year. The hotline is now staffed by a team consisting of 90 percent veterans or employees who have a veteran family member. The hotline can be accessed at **855-948-2311** and is the Department of Veterans Affairs' (VA's) first non-clinical, non-emergency around-the-clock call center. It provides veterans a supplemental option to report issues if they are not being addressed through VA's normal customer service channels.



U.S. Mint Strikes WWI Silver Dollar

The United States Mint recently hosted a ceremonial strike of the new 2018 World War I Centennial Silver Dollar honoring the 100th anniversary of American participation in World War I. The World War I Centennial Silver Dollar was authorized by statute in 2014 with bipartisan Congressional support. The Secretary of the Treasury selected the winning coin design following an open design competition in 2016. The World War I Centennial Silver Dollar will be produced in limited quantities, and will be available for purchase from the Mint beginning in January 2018.

Surcharges from the sale of these coins are authorized to be paid to the United States Foundation for the Commemoration of the World Wars to assist the World War I Centennial Commission in commemorating the centenary of World War I. For more information, visit the U.S. WWI Centennial Commission [website](#).



Merry Christmas



VA Offers Caregiver Course

When you think of intimacy, what comes to mind? A new course from the PsychArmour Institute will help you better define four types of intimacy and understand why intimacy matters to healthcare providers caring for veterans and caregivers. You will also learn how to initiate and better approach conversations about intimacy with your patients. The course was developed for healthcare providers by a group of Caregiver Support Coordinators who work within the U.S. Department of Veteran's Affairs Caregiver Support Program. Take the [course for free](#) or share it with someone you care about.



Veterans-For-Change Web Site

The Veterans-For-Change website has been under construction since day one back in 2009 and every day since then. The looks pretty much stay the same, but in the background constant improvement and change is being done to make our website the most user friendly “One-Stop-Shop” website to find almost everything you might have tried to find searching the internet.

Almost a hundred people have been involved; collecting web links to documents now houses on the VFC website, collecting thousands of web links for various issues, illnesses and benefits. Creating forums for all eras of service and two forums one just for men and one just for woman where you can go question, comment, share medical and personal concerns, what ever you'd like it to be.

We also have a forum with a licensed Mental

Health Worker, again where you can seek help or just ask questions.

We average 2,200 hits per day, and downloads average 1,200 per day with a total 3,754,595 visitors as of Friday.

If you subscribe you will have full access to the entire website and best of all it's FREE of charge! You just need a valid E-mail address so the system can send you a confirmation E-Mail. Once received, click on the link to be authorized automatically.

www.veterans-for-change.org

- Documents Library with over 16,155 documents on-line (Updated: 11/13/17)
- FAQ's with more than 1,600 FAQ's and answers
- Multiple Forums
 - o Afghanistan Veterans
 - o FMP - Foreign Medial Program
 - o Gulf War & Desert Storm Veterans
 - o Iraq Veterans
 - o Korean Veterans
 - o Men Veterans Forum
 - o Mental Health for Veterans
 - o Political Issues
 - o Suggestion Box

- o The Mess Hall
- o VA Hospitals and Medical Centers
- o Veteran Affairs
- o Vietnam Veterans
- o Welcome Mat
- o Women Veterans Forum
- o WW II Veterans
- Job Postings
- Memorial Pages (Updated: 11/02/17)
- News (Articles On-Line: 6,987)
- Polls
- Web Links, more than 3,614, Added 2 New Links (Updated: 11/12/17)

If you have a submission for the memorial pages,
E-Mail: Jim.Davis@veterans-for-change.org



FRA Urges Congress Not to Pass Another CR

FRA and other members of The Military Coalition have dispatched a letter to key Congressional lawmakers asking them to pass the FY2018

Defense Appropriations before the current Continuing Resolution (CR) funding expires December 22, 2017. Another CR only extends FY2017 spending levels and would stymie the Armed Forces ability to grow, equip and train the total force necessary to meet growing international threats. The letter reminds legislators that we are a nation at war, our uniform services are suffering from dangerous readiness and force-structure issues and the total force cannot remain effective, absent an adequate and timely budget.

The letter also mentions problems caused by sequestration (automatic across the board) cuts mandated by the Budget Control Act (BCA) of 2011, which sets strict caps on both defense and non-defense spending. In the past, Congress managed to make short-term compromises, lifting the caps for a couple of years at a time. No such agreement applies to FY2018. In related news, the President signed the FY2018 Defense Authorization Act (H.R.2810) into law. In order to be fully implemented, Congress must pass appropriations legislation and must change or eliminate sequestration defense spending caps. Everyone is strongly urged to use the [FRA Action](#) to ask their legislators to exclude Defense from sequestration.



Merry Christmas



New Medicare cards are coming

To help protect your identity, we're mailing [new Medicare cards](#) between April 2018 and April 2019. Your new card will have a new Medicare Number that's unique to you, instead of your Social Security Number.

Here's what you need to know about your new Medicare card:

- You don't have to do anything to get your new Medicare card
- The new card won't change your Medicare coverage or benefits
- Medicare won't call you and ask for private information to get your new Medicare Number or card
- There's no charge for your new card

[Learn More](#)



Discover Lesser Known VA Services

You may know that VA offers health care to eligible veterans, but did you know VA also offers a [whole health approach](#)? The focus of whole health is to offer health care options that are often not covered by private insurance. Five types of services available for veterans include: (1) rehabilitation programs like veterans sports clinics and games; (2) recreational therapy; (3) adaptive sports; (4) exercise and movement like dance and yoga; (5) personal development; and recharging activities like medication, sleep hygiene, and acupuncture. Access these services and more by enrolling in VA health care. For more information, visit the VA Health Care [webpage](#).





Accessing VA Care, Services Online

The Department of Veterans Affairs (VA) has made improvements to our digital tools that make it easier than ever before to access VA care and services online. Some improvements include: (1) Veterans not currently enrolled in VA health care can apply online using a [simple, mobile-friendly application](#); (2) Existing VA patients can now [schedule appointments](#) online at over 100 participating medical centers; and (3) VA patients can also now [message their health care team](#) or [refill a prescription](#) from their smartphone. VA is looking for Veterans, caretakers, and dependents to participate in 45-minute feedback sessions. If you would like to help, please [tell VA how to contact you](#) or email feedback@va.gov. For more information, read the VA [VAntage Point Blog](#).





Missing Man Table

The Missing Man Table, also known as the Fallen Comrade Table, is a place of honor, set up in military dining facilities of the U.S. armed forces and during occasions such as service branch birthday balls, in memory of fallen, missing, or imprisoned military service-members. The table serves as the focal point of ceremonial remembrance, originally growing out of US concern of the Vietnam War POW/MIA issue.

Observance

Beyond permanent displays in dining facilities, the missing man table is traditionally part of military dining-in ceremonies and service balls. In recent years, the ceremony has been frequently

performed in conjunction with Veterans Day and Memorial Day services. When presented in a dining-in or service ball, a narration given to the audience explains the symbolism of each item. The practice of the missing man table has evolved over time and is not currently governed by any US Department of Defense or service-specific guidance.

Symbolism

The listed items are considered traditional. Some commands and units may place headcovers or other items at the place setting as well.

- Table: set for one, is small, symbolizing the frailty of one isolated prisoner. The table is usually set close to, or within sight of, the entrance to the dining room. For large events of the Missing Man Table is set for six places: members of the five armed services (Army, Navy, Marine Corps, Air Force, and Coast Guard) and a sixth place setting reminiscent of the civilians who died during service alongside the armed forces or missing during armed conflict. Table is round to represent everlasting concern on the part of the survivors for their missing loved ones.
- Tablecloth is white, symbolic of the purity of their

intentions to respond to their country's call to arms.

- Single red rose in the vase, signifies the blood that many have shed in sacrifice to ensure the freedom of our beloved United States of America. This rose also reminds us of the family and friends of our missing comrades who keep the faith, while awaiting their return.

- The red ribbon (yellow ribbon for Air Force ceremonies) represents the love of our country, which inspired them to answer the nation's call.

- Slice of lemon on the bread plate: represents the bitter fate of the missing.

- Salt sprinkled on the bread plate: symbolic of the countless fallen tears of families as they wait.

- Inverted glass: represents the fact that the missing and fallen cannot partake.

- The Bible represents the strength gained through faith to sustain those lost from our country, founded as one nation under God. (The Bible has been removed from several displays at federal facilities due to pressure from the Military Religious Freedom Foundation)

- Lit candle: reminiscent of the light of hope which lives in our hearts to illuminate their way home, away from their captors, to the open arms of a grateful nation.

- Empty chair: the missing and fallen aren't present.



**Many Tricare Users Must Update
Payment Information Soon**

Many Tricare users who pay annual or monthly enrollment fees or premiums must update their payment information by the end of the month -- or risk losing coverage. Retirees who use Tricare Prime pay an annual enrollment fee for coverage, while those in Tricare Reserve Select, Retired Reserve and Young Adult, known as "purchased plans," pay monthly premiums. For more details, see this [article](#).



**CONTACT YOUR
MEMBERS OF CONGRESS!**

To Call your Representative:

202-225-2305

To Call your Senators:

202-224-3841 or 202-224-3553

To call Different Members of Congress:

202-224-3121

TOLL FREE: 866-272-6622

PLEASE... STOP Making Excuses!

www.veterans-for-change.org



Senate to Expand Caregiver Program Eligibility

The Senate Veterans Affairs Committee has embraced a plan from Sen. Patty Murray (D-Wash.) to expand eligibility for [Post-9/11 caregiver benefits](#) to older generations of veterans and caregivers, attaching her bill to a legislative package whose centerpiece — reform of the Choice program — is seen as critical for Congress to pass, if not this month then by early next year. Read the full story to find out more about this expansion of benefits [HERE](#).





**Our values
match yours.**



www.veterans-for-change.org



HUD Reports 1st Increase in Homeless Veterans Since 2010

The Department of Housing and Urban Development reported this week the results of its annual point-in-time count of the country's homeless. The findings were released Wednesday, at the same time concerns were growing among advocates that the federal government was stripping resources from one program that has been successfully housing veterans. For more details, see this [article](#).



No Plans to Evacuate Families Off Korean Peninsula, US Military Says

The U.S. military has no plans to begin evacuating U.S. families from South Korea, a spokesman said Wednesday following [Sen. Lindsey Graham's suggestion](#) that it was getting too dangerous to keep noncombatants on the divided peninsula. The South Carolina Republican's remarks that he believes it's time to start withdrawing family members of the some 28,500 U.S. troops stationed in the country caused concern among many who fear being separated from their loved ones more than saber rattling from North Korea. For more details, see this [article](#).





VA Suspends Applications for New ID Cards

The Department of Veterans Affairs has suspended applications for its new veteran identification card program due to a large number of applicants, according to a notice on its website. The new, free ID card was ordered by Congress in 2015 as a way to give veterans proof of service at businesses without carrying a copy of their DD-214 forms. The VA a week ago rolled out the online application for the card for all honorably discharged veterans, but the system appeared to immediately face technical problems. For more details, see this [article](#).



6 Reasons Airmen Hate on Marines

There's no best way to describe the rivalry between the branches of the American military to an outsider. Everyone talks about how they're somehow the best while acknowledging their shortcomings. We hate on each other for whatever reasons, but at the end of the day, we're still on the same side. So in the spirit of good fun, visit this [Under the Radar post](#) to see why Airmen and Marines don't get along.





Take Command: TRICARE Changes and Network Providers

On Jan. 1, 2018, the current three U.S. TRICARE regions consolidate into two. New regional contractors will administer the TRICARE benefit for the East (Humana Military) and West (Health Net Federal Services, LLC) Regions. Due to these changes, it's possible that your primary care manager (PCM) will no longer be in network.

Read the full article [here](#).



Veteran Crisis Resources

Veterans Crisis Line 1-800-273-8255 and Press 1

Military Crisis Line 1-800-273-TALK (8255)

**National Call Center for Homeless Veterans
1-877-4AID-VET (424.3838)**

VA Caregiver Support Line 1-855-260-3274



S. 2193, Caring for Our Veterans Act of 2017

Last week, the Senate Veterans' Affairs Committee approved S. 2193, a comprehensive VA health care bill, which includes provisions to overhaul the agency's community care program, provide additional funds to improve the VA health care

system and extend VA's comprehensive family caregiver program to veterans of all eras.

On December 7, 2017 DAV joined with 25 other service organizations [asking all Senators](#) to push for approval of this landmark legislation ([click here](#) to read the letter), and we need everyone who cares about veterans make sure their voice is heard.

VA has been purchasing care in the community through the Choice Program, but this program has been troubled since its rocky implementation. S. 2193 contains numerous provisions DAV supports based on our resolutions, including one that would leave the decision to receive community care between veterans and their clinicians. To avoid implementation challenges, Choice would continue to operate as the new program is phased in and would provide additional funds for VA to fill thousands of clinical vacancies across the country.

One of DAV's top legislative priorities for the past few years is addressing the inequity in access to VA's comprehensive family caregivers' assistance program, currently limited to veterans severely injured on or after September 11, 2001. Veterans of other eras and their family caregivers have been

left to their own devices without the critical and comprehensive support from VA's caregiver program.

Please help DAV and our allies convince the Senate to move this important legislation forward. We ask you to send the prepared email now.

As always, thank you for your support of the Commander's Action Network.

Click [HERE](#) and send your message!



Remember our wounded Heroes at Christmas

Merry Christmas



Links to Other Stories

- 1) [Aimed at Preventing Suicides, VA Invites 7 Cities to Participate in Mayor's Challenge](#)
- 2) [Brief screening key to referral for VA chronic pain treatment](#)
- 3) [DOJ appeals ruling that transgender people are free to enlist in US military](#)
- 4) [DOJ lodges appeal as military prepares to](#)

accept transgender applicants

5) Has Our Government Spent \$21 Trillion Of Our Money Without Telling Us?

6) If Government Shuts Down, 'No One Gets Paid,' DoD Comptroller Says

7) New VA ID applications halted amid system problems

8) Reduced mortality from staph infections at VA hospitals

9) Reopening of Lafayette Building in D.C. Highlights VA's Modernization Efforts

10) The impact of mental illness on palliative care outcomes for seriously ill Veterans

11) VA Decision Ready Claims Program Expands to Include More Types of Claims

12) VA health care equity conference affirms commitment to all Veterans

13) VA traumatic brain injury conference findings

14) Why Military Women Are Missing from the #MeToo Moment

15) Women Veterans: Retreat Healthy and Healing

You can help VFC by reading articles posted and commenting at the bottom and rate the articles. If you don't have an account, sign up today, it's FREE. Your comments and rankings tell us what type of information you want most.

Check us out today: www.veterans-for-change.org



**If Government Shuts Down, 'No
One Gets Paid,' DoD Comptroller
Says**

All military personnel, including troops in Iraq, Syria and Afghanistan, would go without pay in the event of a government shutdown due to the perennial failure of Congress to enact a budget on time, the Pentagon's comptroller said Thursday. "No one gets paid" stateside and in war zones under a shutdown, Comptroller David Norquist said at a Pentagon news conference. "Payment will not be made until the shutdown is over." For more details, see this [article](#).



H.R. 4146, to Improve Service-Disabled Veterans Insurance

On October 26, 2017, Representative Stevan Pearce (NM) introduced H.R. 4146, the Disabled Veterans Life Insurance Act of 2017, a bill that

would improve Service Disabled Veterans Insurance (S-DVI).

Currently, premium rates for S-DVI are based on the Commissioners 1941 Standard Ordinary Table of Mortality. This legislation would no longer use mortality rates from 1941 but would be based on the current industry standards and reduce premium payments.

To apply for S-DVI today, the application must be received within two years from the last date a service-connected disability is granted. If enacted, this bill would change the period from two years to ten years. H.R. 4146 would also increase initial life insurance coverage from \$10,000 to \$95,000.

Currently, supplemental coverage is available for additional costs. If H.R. 4146 is passed, it will increase the amount of supplemental coverage from \$30,000 to \$115,000.

DAV supports this bill as it aligns with DAV Resolutions Nos. 218 and 220. Please use the prepared email or draft your own to urge your Representative to be a co-sponsor of H.R. 4146.

We appreciate your support for DAV and your

grassroots efforts in the DAV Commander's Action Network. Your advocacy makes DAV a highly influential and effective organization in Washington, DC. Your voice makes a difference and we would not be as effective without you.

Thank you for all you do for America's veterans and their families.

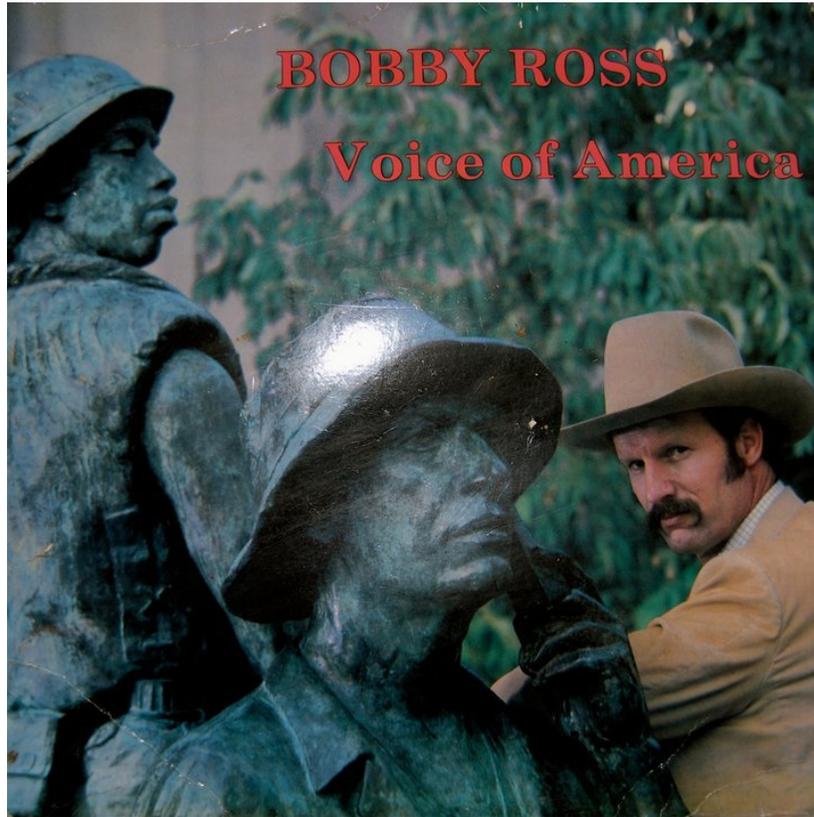
Click [HERE](#) and send your message!



VA to Provide Hyperbaric Oxygen Therapy

The U.S. Department of Veterans Affairs (VA) has announced it will offer Hyperbaric Oxygen Therapy (HBOT) as a treatment option for a small number of Veterans with persistent post-traumatic stress disorder (PTSD) symptoms resistant to standard options. HBOT is a procedure that increases oxygen in the body, under pressure, to encourage healing. This use of HBOT for treatment of PTSD is considered an 'off-label' use and will occur under the supervision of a trained physician. The VA Center for Compassionate Innovation (CCI) is also facilitating use of HBOT for a subset of Veterans who have noticed no decrease of symptoms after receiving at least two evidenced-based treatments. For information about VA's Center for Compassionate Innovation, visit the Center's [website](#).





**30 Year Anniversary for LT Bobby
Ross LRRP Network**

Thirty years ago this month I had produced my "[Voice of America](#)" shortly after I had moved to Nashville in 1986. I had just graduated from the world famous [Music Department of San Francisco State University](#) singing opera. So, I put on my cowboy uniform, and moved to Music City dreaming to become a Country Music recording artist. Down the road from my University was [Silicon Valley](#), where my Dad had an office. I was on the ground floor of this 'new' stuff going on with computers and this really new thingie called "[The Internet](#)". I was the first in Nashville to have a web site in Cyberspace, and this month 30 years ago I started my LRRP Network. It is presently one of the largest on the Internet. So have fun with my newsletter and remember it is an "Interactive Adventure". All the pictures and highlighted words are capable of taking you to other locations with two little clicks of your mouse. Have a great Christmas and New Years and I look forward to being with you, again, in 2018.





VA Center Partners With Improvement Movement

In conjunction with Department of Veterans Affairs' (VA's) participation in the [Institute for Healthcare Improvement's](#) 100 Million Healthier Lives initiative, the Center for Women Veterans has partnered with VA's Office of Community Engagement to improve women veterans' health and well-being. You can join the movement too. Just visit the [100 Million Healthier Lives webpage](#) to see the introductory video and find a wealth of information right at your fingertips. Whatever office, group or community you represent, you can sign up to do your part and share information on available resources. For more information, visit the VA Vantage [Point Blog](#).



S. 2105, to include Military Installations in Thailand to Herbicide Exposure

On November 8, 2017, Senators John Boozman (AR) and Joe Donnelly (IN) introduced S. 2105, a bill that would concede herbicide exposure to all veterans who served at any military installation in Thailand during the Vietnam Era for purposes of determining their eligibility for VA benefits.

Currently, statutes and regulations do not automatically recognize veteran exposure to herbicides while serving in Thailand during the Vietnam Era. VA's manual does acknowledge herbicide exposure for specific military occupational specialties on the perimeter of eight specific Thai Royal Air Force Bases.

S. 2105 would automatically concede herbicide exposure for all veterans who served at military installations in Thailand during the Vietnam Era, regardless of the base, duty on the perimeter or military occupational specialty. As a result, the presumptive diseases currently associated with herbicide exposure, including spina bifida for children, would be applicable to all veterans who served at military installations in Thailand during the

Vietnam Era.

Consistent with DAV Resolution No. 214, DAV supports the recognition of herbicide exposure to veterans who served at military installations in Thailand so that the presumption of service connection for Agent Orange related diseases would be available to those exposed to include those in Thailand. Please use the prepared electronic letter or draft your own to urge your Senator to cosponsor S. 2105.

Your advocacy makes DAV a highly influential and effective organization in Washington, DC. Your voice makes a difference and we would not be as effective without you.

Thank you for standing with veterans and participating in the DAV Commander's Action Network.

Click [HERE](#) and send your message!



- 1) Department of Justice: Continued Action Needed To Address Incarceration Challenges and Offenders' Reentry
- 2) Health Insurance Exchanges: Changes in Benchmark Plans and Premiums and Effects of Automatic Re-enrollment on Consumers' Costs



**~We Proudly Support our
Military Personnel & Families~**



**Reduce Your Co-Pays & Rx Costs
Not Covered by TRICARE**

Get a Tricare supplement that pays your cost shares and can pay 100% of covered excess charges. Get Valuable [Coverage Now](#).



H.R. 4016, the Restore Veterans Compensation Act of 2017

On October 11, 2017, Representative Ruben Gallego (AZ) introduced H.R. 4016, the Restore Veterans Compensation Act of 2017. This bill aims to eliminate the Department of Veterans Affairs policy of recouping the separation pay, special separation benefits, and voluntary separation incentive payments from veterans who are receiving disability compensation. It also seeks to impose limitations on the authority of the Secretary of Defense to recover such pay from eligible

service members' military retirement pay or retainer pay by requiring retirees to only repay the net amount of separation pay instead of the gross amount and allowing the Department of Defense (DoD) a maximum recoupment rate of 25 percent of a veteran's paycheck, instead of the current 40 percent.

Many service members qualify for separation pay when they leave the military. Often, service members' separation is not voluntary and due to no fault of their own. If they have more than six years of service and meet the requirements of reenlistment, but are not allowed to reenlist they may receive separation pay. The DoD has used separation pay as an incentive to service members to leave the military to downsize its workforce. Unfortunately, under current law, these same veterans are required to pay back this money if they later receive VA disability compensation pay or DoD retirement pay.

DAV Resolution No. 098 states that DAV supports legislation to clarify that Special Separation Benefits (SSB) are in no way related to a veteran's service-connected disability benefits and therefore should not be recouped from VA disability compensation payments.

Please use the prepared letter to write to your Representative to cosponsor and support passage of H.R. 4016, the Restore Veterans Compensation Act of 2017. Thank you for your efforts and support of the Commander's Action Network.

Click [HERE](#) and send your message!





Take Command: Increases to TRICARE Pharmacy Copayments Coming Feb. 1, 2018

On Feb. 1, 2018, copayments for prescription drugs at TRICARE Pharmacy Home Delivery and retail pharmacies will increase. These changes are required by law and affect TRICARE beneficiaries who are not active duty service members.

Read the full article [here](#).



If you received this newsletter as a courtesy or a forward from a friend or relative, you can sign up to receive in your E-mail every week.

SUBSCRIBE



ONE VOICE
CAN MAKE
ALL THE DIFFERENCE!



VETERANS FOR CHANGE™
EST 2006

Veterans-For-Change, Inc.

Riverside County, CA

Visit our website today

www.Veterans-For-Change.org

Serving those who served!

**Please pass on to all your Veteran Friends and
Family!**



Please do not reply to this E-Mail, this is an unattended E-Mail address, please send all correspondence to: Jim.Davis@veterans-for-change.org



Distribution

Express Mail	145,082
Boston	76,687
Courtesy Copies	3,500
Department of VA	13,350
DoD	30,822
Face Book Pages	3,524
Google	29,367
Los Angeles	137,996
Microsoft	10,072
National Guard	4638
New York	155,774
Other Social Media	48,705
San Francisco	80,622
Twitter	44
US House of Reps & Staff	1003
US Senators & Staff	136
University of So. California	5,816
US Air Force	27,896
US Army	70,976
US Marines	30,529
US Navy	40,167
Veterans	19,097,014
Washington DC	145,433
Yahoo	185
	20,159,338

©2017 Veterans-For-Change, Inc. | Menifee, CA 92584-8870

[Web Version](#)

[Preferences](#)

[Forward](#)

[Unsubscribe](#)

Powered by
[GoDaddy Email Marketing](#)®