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Mesenteric B cells centrally inhibit CD4⁺ T cell colitis through interaction with regulatory T cell subsets

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Inflammatory bowel disease reflects an aberrant mucosal CD4⁺ T cell response to commensal enteric bacteria. In addition to regulatory T cell subsets, recent studies have revealed a protective role of B cells in murine CD4⁺ T cell colitis, but the relationship of their action to T cell immunoregulation is unknown. Here we report that mesenteric lymph node (MLN) B cells protect mice from colitis induced by *Gαi2*^{-/-} CD4⁺ T cells. Protection required the transfer of both B cells and CD8α⁺ T cells; neither cell type alone was sufficient to inhibit CD4⁺ T cell-mediated colitis. Similar results were also observed in colitis induced by CD4⁺CD45RB^{hi} T cells. Immunoregulation was associated with localization of B cells and expansion of CD4⁺CD8⁻CD3⁺NK1.1⁺ T cells in the secondary lymphoid compartment, as well as expansion of CD4⁺CD8α⁺ T cells in the intestinal intraepithelial compartment. MLN B cells from *Gαi2*^{-/-} mice were deficient in a phenotypic subset and failed to provide cotransfer colitis protection. These findings indicate that protective action of B cells is a selective trait of MLN B cells acquired through a *Gαi2*-dependent developmental process and link B cells with the formation of regulatory T cells associated with mucosal immune homeostasis.

inflammatory bowel disease | G proteins | immune regulation | NKT cells | CD8α⁺ T cells

Inflammatory bowel disease (IBD), including Crohn's disease and ulcerative colitis, is a group of immune-mediated disorders of the intestine characterized by dysregulated mucosal T cell activity, aberrant cytokine production, cellular inflammation, and resultant intestinal tissue damage. Although the phenotype and pathogenic pathways leading to IBD are heterogeneous, they share in common a disordered CD4⁺ T cell response to commensal enteric bacteria, due in part to host genetic susceptibility traits (1).

Much attention has focused on regulatory CD4⁺ T cell subsets that protect against IBD and other autoimmune diseases. Regulatory CD4⁺ T lymphocytes are a heterogeneous population analytically distinguishable by expression of CD25 and FoxP3, among other markers, and may differ in activation requirements and targets of functional activity (2–4). Recently, additional mucosal T cell subsets with regulatory function have been reported. Intraepithelial T cells (5) and certain subsets of CD8⁺ T cell [intraintestinal T cell receptor (TCR)αβ⁺CD4⁺CD8α⁺ T cells and CD4⁺CD8αα⁺ T cells] (6, 7) suppress CD4⁺CD45RB^{hi} T cell colitis. Intraepithelial lymphocytes (IEL) and small intestinal CD4⁺CD8αα⁺ IEL were associated with resistance to acute colitis induced by *Toxoplasma gondii* or dextran sodium sulfate, respectively (8, 9). In most of these studies, genetic manipulations implicated intrinsic IL-10 expression for the protective action of both CD8⁺ T cell subsets and invariant class I MHC recognition for the pertinent CD4⁺CD8αα⁺ cells.

Accumulating evidence also implicates B cells in immunoregulation. The work of Mizoguchi *et al.* (10, 11) has revealed a protective role of B cells in TCRα^{-/-} colitis and implicated intrinsic B cell expression of CD1d and IL-10 in their immunoregulatory function. A recent study further suggested IL-10-independent protective function of B cells in an intestinal inflammation caused by nonlymphocytes, implicating the regulatory role of B cells in innate immunity (12). In mouse models of oral tolerance, B cells are

important for maintenance of a protective cytokine microenvironment in gut-associated lymphoid tissue (13). Similarly, B cells were also required for efficient induction of antigen-specific T cell unresponsiveness in the ocular anterior chamber (14, 15) and in the lung in the context of respiratory allergen (16). B cells also attenuate immune responses in certain autoimmune models. In experimental autoimmune encephalomyelitis, depletion of B cells promoted severe nonremitting disease (17, 18). In collagen-induced chronic arthritis, B cells from arthritogenic splenocytes treated *in vitro* with anti-CD40 inhibit arthritis in an IL-10-dependent manner (19). B cell immunoregulation typically required their intrinsic expression of IL-10 (11, 17, 19, 20) and, in some cases, the expression of certain invariant class I MHC molecules (11, 14, 15, 21). These observations introduce important questions about the developmental origin of protective B cell subsets and the cellular interactions through which they contribute to immunoregulation by regulatory T cell populations.

Recently, we and others have reported the selective capacity of marginal zone (MZ) B cells to produce IL-10 (22, 23). This B cell subset is selectively deficient in mice bearing restricted enteric microflora and in *Gαi2*^{-/-} mice, a colitis-prone strain characterized by decreased IL-10 production and polarized T helper (Th) 1 reactivity (24, 25). *Gαi2* protein is one subunit of the trimeric G protein family of signaling molecules involved in the regulation of cellular physiological function. The developmental deficiency of IL-10-producing B cells in restricted flora mice and *Gαi2*^{-/-} mice raises the possibility that these subsets of B cells may have immune regulatory function in mucosal homeostasis and IBD resistance.

In the present study, we report that mesenteric lymph node (MLN) B cells protect mice from CD4⁺ T cell colitis through interactions with regulatory T cell populations. This protective role is displayed by selected B cell subsets, whose formation requires the *Gαi2* gene. Protection requires the combined transfer of B cells and CD8⁺ T cells and is associated with the expansion of a CD4⁺CD8α⁺ T cell population in the intraepithelial intestinal compartment. However, transferred B cells strictly home to secondary lymphoid sites, and protection is associated with expansion of CD3⁺NK1.1⁺ T lymphocytes (NKT cells) in this compartment. Accordingly, these findings indicate that B cells contribute to intestinal immunoregulation through recruitment of novel regulatory T cell subsets. Furthermore, they suggest a sequential process involving B cells and NKT cells in the secondary lymphoid compartment, leading to activation and end-organ expansion of a regulatory CD4⁺CD8α⁺ T cell population.

Abbreviations: DN, double negative; DP, double positive; IBD, inflammatory bowel disease; IEL, intraepithelial lymphocytes; LPL, lamina propria lymphocytes; MLN, mesenteric lymph node; MZ, marginal zone; NKT cells, CD3⁺NK1.1⁺ T lymphocytes; PE, phycoerythrin; TCR, T cell receptor; Th, T helper; UCLA, University of California, Los Angeles.

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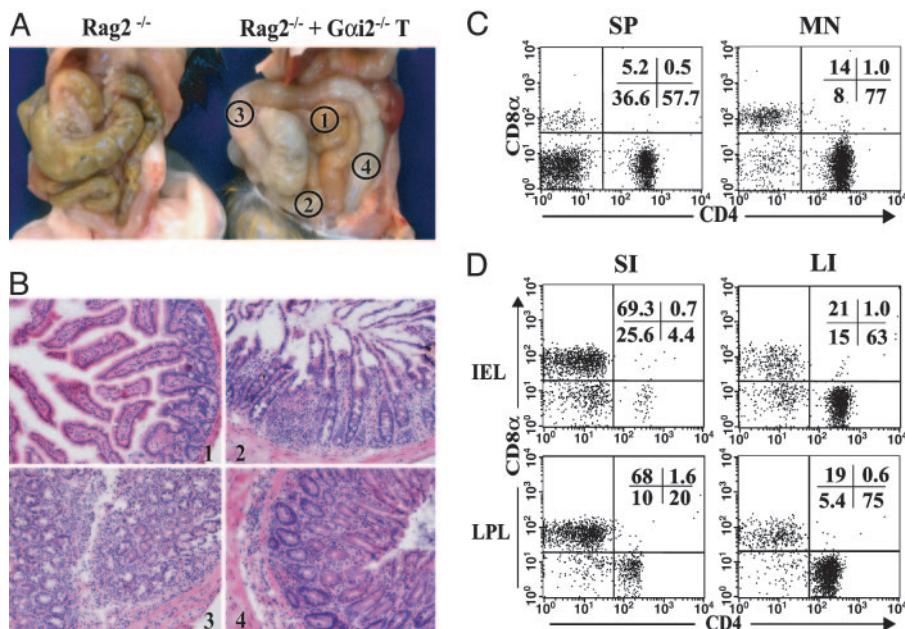


Fig. 1. Features of colitis by $\text{G}\alpha\text{i}2^{-/-}$ T cell transfer to $\text{RAG}2^{-/-}$ mice. A total of 10^6 $\text{CD}3^+$ T cells from spleens of $\text{G}\alpha\text{i}2^{-/-}$ mice were transferred i.p. into $\text{RAG}2^{-/-}$ mice. Two to 3 weeks after T cell transfer, the mice started to show the signs of clinic disease. Necroscopy was performed at ≈ 5 weeks after T cell transfer. (A) Organ examination showing $\text{RAG}2^{-/-}$ mice alone or after $\text{CD}3^+$ T cell transfer. Regions selected for histologic examination were as follows: 1, small intestine; 2, ileum; 3, proximal colon; 4, distal colon. (B) Representative histology (stained with hematoxylin/eosin) of the four regions. (C and D) Flow cytometry of size-gated lymphocytes for $\text{CD}4$ and $\text{CD}8$ expression. (C) Splenic (SP) and MLN lymphocytes in 5-week-old recipients. (D) IEL and LPL in small intestine (SI) and large intestine (LI) in 5-week-old recipients.

Gai2^{-/-} T cell colitis correlates with the localization of transferred B cells in the RAG2^{-/-} recipients and how MLN B cells affect pathogenic Gai2^{-/-} T cells, we assessed the distribution of transferred B cells and Gai2^{-/-} T cells. CD19⁺IgM^{hi} B cells in recipients of MZ and MLN B cells were present in the spleen (9.7% and 7.6%, respectively, for three or more experiments) and MLN (2.7% and

2.8%, respectively). Because the number of recovered CD19⁺IgM^{hi} B cells in MZ B cell recipients and MLN B cell recipients was equivalent, it appeared that differential homing efficiency of MLN B cells did not account for their greater colitis protection. Notably, only rare CD19⁺IgM^{hi} B cells were found in the intestinal epithelium-associated lymphoid follicles (0.7% and 0.8%) and LPL compartments (<0.5%), indicating that colitis protection is not likely to occur by the action of B cells in local intestinal sites.

Expansion of T Cell Subsets Correlates with MLN B Colitis Protection.

We then assessed whether changes in T cell subsets were associated with colitis protection. The percentages of CD8 α^+ and CD4 $^+$ T cells were increased and reduced, respectively, in spleens and MLN of protected mice (MLN B cell cotransfer), as compared with unprotected mice (T cells alone or T cells plus MZ B cells) (Fig. 3A). The absolute numbers of splenic and MLN T cells was reduced \approx 2-fold with protection. Accordingly, the major change appeared to be a 4-fold expansion of CD4 $^+$ T cells in mice with active disease. Notably, there was an expansion of NKT cells (CD3 $^+$ NK1.1 $^+$) in the spleens/MLN of MLN B cell-protected healthy mice (Fig. 3B). No changes in percentage or absolute numbers of CD4 $^+$ CD25 $^+$ T cells (that might include a regulatory CD4 $^+$ T lymphocyte population) were observed in central (spleens or MLN) or intestinal (LPL or IEL) compartments (data not shown). These findings indicated that central expansion of NKT cells might be involved in colitis resistance.

In the intestine, MLN B cell cotransfer and colitis protection was associated with a large increase in CD4⁺CD8 α ⁺ double positive (DP) T cells in the small and large intestinal IEL compartments (Fig. 3C). In addition, CD3⁺CD4⁻CD8⁻ double negative (DN) T cells were elevated in the large intestine LPL compartment (Fig. 3D). The DN T cells did not express NK1.1 (data not shown). The localization of these two expanded populations to the at-risk intestinal site (large intestine) and the selective correlation with MLN B cell transfer suggested that they might contribute locally to colitis protection.

CD8⁺ T Cells Are Required for MLN B Cell-Mediated Colitis Protection.

Protection was associated with a relative and absolute expansion of CD8 α^+ T cells in central lymphoid and LPL compartments; therefore, we tested whether CD8 α^+ T cells might be required for this immunoregulatory phenotype. To test this idea, we first asked

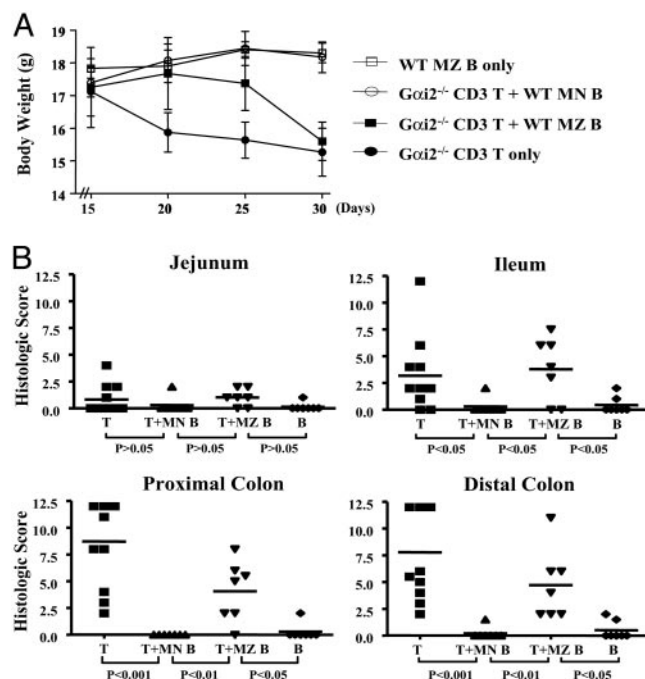
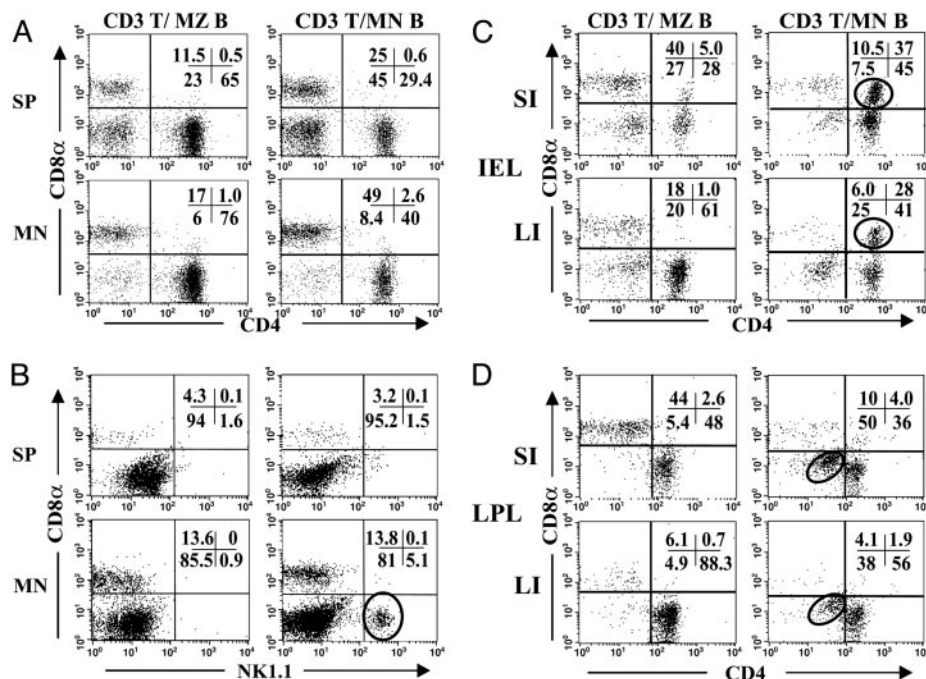


Fig. 2. MLN B cells but not MZ B cells are protective in CD3⁺Gαi2^{-/-} T cell colitis. CD3⁺Gαi2^{-/-} T cells were transferred into RAG2^{-/-} mice either alone or with cotransfer of wild-type splenic MZ or MLN CD19⁺IgM^{hi} B cells. (A) Mice were monitored over time for clinical disease including body weight change (mean ± SD). (B) Approximately 5 weeks after cell transfer, mice were killed, replicate colon specimens from each mouse were prepared for histology, and inflammatory scores were prepared by an experienced pathologist blinded for specimen identity. Each dot represents the score of the specimen from an individual mouse. Lines indicate mean values of histologic scores in each group.



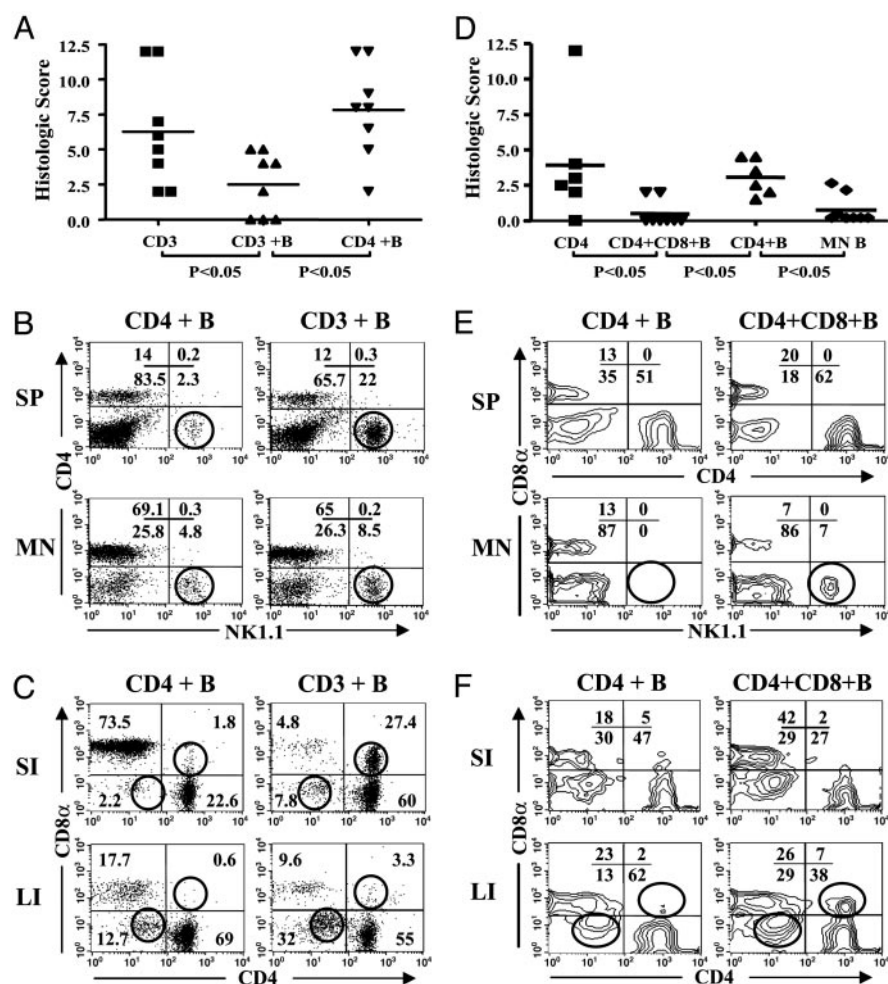


Fig. 4. CD8 α^+ cells are required for the immunoregulatory effects of MLN B cells. (A–C) Total CD3 $^+$ (CD3) or CD8 α -depleted CD4 $^+$ (CD4) *Gai2* $^{-/-}$ T cells were cotransferred with wild-type MLN B cells from littermate control mice (on 129 and C57BL/6 mixed background) into RAG2 $^{-/-}$ mice. (D–F) CD4 $^+$ CD45RB $^{\text{hi}}$ BALB/c T cells (CD4) or T cells cotransferred with BALB/c MLN B cells and CD8 α^+ T cells into C.B-17scid mice. As a negative colitis control, MLN B cells alone were transferred in one group (B only). All mice were assessed at 6–8 weeks. (A and D) Histological scores for colitis severity. (B and E) Flow cytometry of splenic (SP) or MLN lymphocytes for NKT cells. (C and F) Flow cytometry of intestinal lymphocytes for DP and DN populations. The circles in FACS plots indicate the changes of cell subsets in MLN B-cell-protected and unprotected mice.

and a genetic form of Th2 enteritis) (36–38). The reason for this additional localization is uncertain, but it may reflect impairments of host defense that normally prevent extension of cecal bacteria into the ileal region or a deficit of regional immune regulation that inhibits colitogenic T cell activity in the small intestine.

In the present study, cotransfer of MLN B cells protected mice from the formation of colitis in two adoptive transfer models (*Gai2* $^{-/-}$ T cells and CD4 $^+$ CD45RB $^{\text{hi}}$ T cells), analogous to the finding of such protection in TCR $\alpha\beta$ $^{-/-}$ mice (10, 11). The latter studies reported that B cells with protective activity were anatomically localized to the MLN (but not to the spleen). In the present study, we also observed selective activity in the MLN B cell population. In our study, purified MZ B cells [a splenic subpopulation sharing with MLN B cells the CD21 $^+$ IgM $^{\text{hi}}$ CD1d $^{\text{hi}}$ phenotype (39)] had reduced but detectable activity. The pertinent B cell protective traits associated with MLN compartmentalization might be attributed to the acquisition of enteric antigens, enabling presentation and regulatory cell–cell interactions with target T cell populations. Alternatively, differentiation or activation of B cells in this compartment might include up-expression of cell-interaction molecules important for protective activity, such as CD1d and IL-10 (11). The present study demonstrates that formation of protective B cells requires *Gai2* genetic sufficiency, which is also required for the formation of B cell subsets important for bacterial immune surveillance (22). Phenotypically, these subsets include splenic MZ B cells and a MLN B cell subset with elevated CD19 and membrane IgM expression. These findings provide clues to the phenotype of protective B cells and suggest that their impaired formation in *Gai2* $^{-/-}$ mice might be a contributing factor in colitis susceptibility.

An important issue is the identity of the cell types targeted by protective B cells. A surprising observation was the requirement for CD8 α^+ T cell cotransfer, suggesting that a CD8 α^+ T cell subset either is a partner with or a target of protective B cells in the immunoregulatory circuitry. This finding is concordant with the reported role of CD8 α^+ T cells in mucosal immunoregulation (5–7, 9). One candidate regulatory subset is the CD8 $^+$ T cell population recognizing the invariant MHC class I molecule Qa-1 (HLA-E in human), which is expressed at high levels on certain B cell subpopulations. Qa-1 recognition may include mCD94/ NKG2A (40) and induces negative regulatory activity in experimental autoimmune encephalomyelitis, oral tolerance, and B cell-dependent ocular tolerance (14, 21, 41). Another candidate is intestinal CD4 $^+$ CD8 α^+ DP T cells, because they were expanded during B cell-mediated protection. Mucosal DP T cells represent a memory CD4 $^+$ T cell population enriched for agonist-selected, self-reactive clones (34, 42, 43). A regulatory role for DP T cells is suggested by recruitment of T cells with intraepithelial invariant MHC class I molecule (MICA) (9) and expansion of CD4 $^+$ T cells undergoing NF- κ B- and GATA3-dependent Th2 polarization (7). Another invariant MHC class I molecule, MR1, selects for a distinct lamina propria and mucosal lymphoid TCR $\alpha\beta$ $^+$ T cell population. Although their regulatory role is not yet defined, it is notable that their formation depends on commensal bacteria and B cell interaction (44).

NKT cells in some settings suppress immune inflammation, including intraocular inflammation (15) and certain models of colitis (11, 45). The mechanism for this protection is uncertain. NKT cells are known to promote Th2 differentiation and, accord-

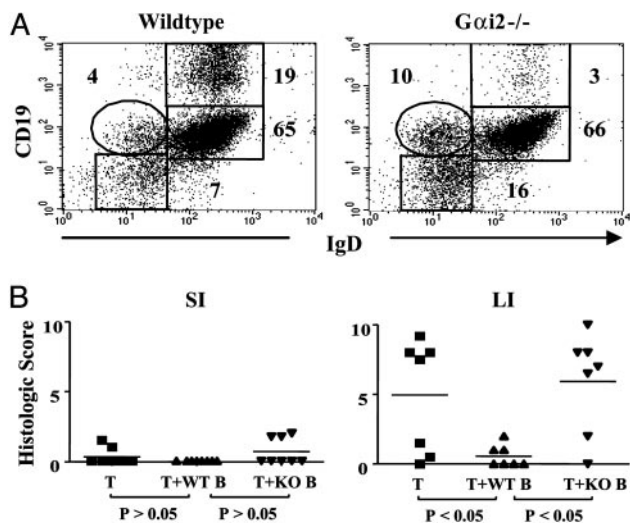


Fig. 5. *Gai2*^{-/-} MLN B cells lack protective activity. (A) Flow cytometry analysis of MLN B cells (CD19 vs. IgD) after immunobead purification from wild-type (1295v) or *Gai2*^{-/-} MLN lymphocytes. (B) Mice were prepared with total *Gai2*^{-/-} T cells and MLN B cells (from wild-type or *Gai2*^{-/-} cells) as described in Fig. 2, and intestinal tissues were collected at 6–8 weeks for determination of histological scores. Data are compiled from three independent experiments.

ingly, exacerbate Th2-dependent mucosal inflammation in the lung and gut (46, 47). However, their protective role is unlikely to involve IL4 itself, because administration of this cytokine exacerbates common models of Th1 colitis (48), and CD1d-restricted immune function protects against a Th2-like colitis (11). NKT cells efficiently activate certain B cell populations (49), raising the possibility that they might efficiently activate B cell subsets contributing to colitis protection. The present study adds new evidence for this scenario by the demonstration of B cell-dependent expansion of NKT cells centrally and DN T cells intraepithelially during colitis

protection. Yet to be resolved is the clonal relationship of the NKT and DN T cell populations and their functional interaction with CD8- and B cell-dependent colitis protection.

In many models of mucosal inflammation, regulatory CD4⁺CD45RB^{lo} T cells, in part through TGFβ and IL10 production, suppress formation of colitogenic T cells (1). A CD25⁺ subset of these cells appears to suppress activity of colitogenic cells already deployed in the lamina propria (3, 35, 50). As noted above, other T cell subsets [intraepithelial CD8⁺ (5, 6), CD4⁺CD8⁺ (7, 9), or NKT (11, 45) cells] also confer colitis resistance in some settings. At this juncture, it is not yet clear how B cell-dependent expansion of these central or mucosal T cell populations may reduce colitogenic CD4⁺ T cell activity. Protection may involve cognate mechanisms or nonspecific competitive processes such as homeostatic proliferation (51). An experimental starting point will be repletion of these activated T cell populations to test the specificity and numerical requirement for negative regulation. It is also possible that the B cells themselves may reduce inflammation by restoring mucosal IgA production, because secretory IgA reduces the scale and diversity of enteric microorganisms that can drive colitogenic T cell activity. Notably, formation of the Peyer's patch compartment (a major site of IgA B cell formation) is impaired in *Gai2*^{-/-} mice (33). In conclusion, the present study confirms and expands the definition of a B cell contribution to mucosal immunoregulation. Further definition of this B cell role may be important in illuminating the manner in which different T cell populations are recruited and integrated to preserve mucosal homeostasis.

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