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ADD/ADHD Basics

What Is Attention Deficit Hyperactivity Disorder?

ADHD (attention deficit hyperactivity disorder), sometimes called ADD (attention deficit disorder), is linked with hyperactivity, impulsive behavior, and attention problems in both children and adults. It's estimated that up to 12 percent of school-aged children and 6 percent of adults have ADHD, making it harder for them to focus on tasks, manage their time, control their behavior, or even sit still.

[Learn more about ADD/ADHD.](#)

ADD/ADHD Treatment

ADD/ADHD treatment is often a combination of medication and behavior therapy. The goals of treatment are to help the person control impulsive behaviors, do better in school or work, and improve social relationships.

[Read about different types of ADD/ADHD treatment.](#)

ADD/ADHD Diagnosis

There is no single test to diagnose ADD/ADHD. To reach a diagnosis, a doctor or specialist may do a physical exam to rule out any physical problems, as well as asking questions about behavior in certain situations — for example, does a child have a hard time paying attention in school?

[Get the facts on ADD/ADHD diagnosis.](#)

ADD/ADHD Symptoms

People with ADD/ADHD often have problems concentrating, organizing their work, or following through with requests. They may also have symptoms of other related conditions, including learning disabilities or disruptive behavior.

[Learn more about ADD/ADHD symptoms.](#)

Parenting a Child With ADD/ADHD

How do you take care of a child with ADHD while meeting your own needs and those of the rest of the family?

[Read the transcript or listen to the webcast for tips on raising a child with ADHD.](#)