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Chicago's Lung Health Leader Since 1906

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### **Chronic Obstructive Pulmonary Disease (COPD)**

- In Illinois, COPD was the fourth leading cause of death in 2005<sup>1</sup>.
- An estimated 557,120 Illinoisans have been diagnosed with either chronic bronchitis, emphysema or a combination of both<sup>2</sup>. True prevalence data is unknown.
- COPD is a preventable, treatable chronic lung disease, in which the airways are partly blocked, making it hard to breathe over time. It is also referred to as emphysema and chronic bronchitis.
- COPD is the fourth leading cause of death<sup>3</sup> and is predicted to be the third leading cause of death by 2020<sup>4</sup>. Of the five leading causes of death, it is the only one on the rise<sup>4</sup>.
- An estimated 12 million people in the United States have been diagnosed with COPD. An additional 12 million people are believed to have the disease and not even know it Error! Bookmark not defined.
- COPD kills more than 120,000 Americans each year<sup>1</sup>.
- COPD cost the nation an estimated \$42.6 billion in 2007<sup>5</sup>.
- COPD has increased dramatically in women over the last 50 years<sup>6</sup> and since 2000, more women have died from COPD than men<sup>6</sup>.

<sup>&</sup>lt;sup>1</sup> Illinois Department of Public Health, Leading Causes of Death, Illinois, 2005. <a href="http://www.idph.state.il.us/health/bdmd/leadingdeaths05.htm">http://www.idph.state.il.us/health/bdmd/leadingdeaths05.htm</a>.

<sup>&</sup>lt;sup>2</sup> Number was derived from Illinois population data and estimates of number of COPD cases diagnosed nationwide.

<sup>&</sup>lt;sup>3</sup> National Institutes of Health, National Heart, Lung, and Blood Institute, COPD Learn More Breathe Better Campaign, *COPD Are You at Risk*. <a href="http://www.nhlbi.nih.gov/health/public/lung/copd/campaign-materials/html/copd-atrisk.htm">http://www.nhlbi.nih.gov/health/public/lung/copd/campaign-materials/html/copd-atrisk.htm</a>.

<sup>&</sup>lt;sup>4</sup> Murray CJ and Lopez AD. *Lancet* 1997; 349: 1498-1504.

<sup>&</sup>lt;sup>5</sup> National Heart, Lung, and Blood Institute, Morbidity and Mortality Chartbook, 2007. http://www.nhlbi.nih.gov/resources/docs/07a-chtbk.pdf.

<sup>&</sup>lt;sup>6</sup> Chronic Obstructive Pulmonary Disease Surveillance – United States, 1971 – 2000. *MMWR*, August 2, 2002; 51(SS06); 1-16.