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## Veterans-For-Change

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# **Green Salad With Asparagus and Peas**

Prep Time: 25 mins
Total Time: 25 mins

## Ingredients

- > 2 teaspoon lemon zest
- > 1/4 cup(s) lemon juice
- ➤ 1/4 cup(s) oil, canola, or extra-virgin olive oil
- ➤ 1 teaspoon sugar
- > 1/2 teaspoon salt
- ➤ 1/4 teaspoon pepper, black ground
- 2 head(s) lettuce, bibb, or Boston, torn into bite-size pieces
- ➤ 2 cup(s) asparagus, very thinly sliced
- > 3 pounds pea pods, fresh, shelled (about 2 cups)
- 1 pint(s) tomato(es), cherry, or grape, halved
- > 2 tablespoon chives, or scallion greens, minced

### **Preparation**

- 1. Combine lemon zest and juice, oil, sugar, salt and pepper in a large salad bowl.
- 2. Add lettuce, asparagus, peas, tomatoes and chives (or scallion greens); toss to coat.