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# Veterans-For-Change

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## Mustard Crisp Chicken

Prep Time: 15 mins Cook Time: 50 mins Rest Time: 2 h

Total Time: 1 h 5 mins

### **Ingredients**

> 1/4 cup(s) mustard, dijon-style

2 tablespoon water

➤ 2 teaspoon thyme, fresh, or 3/4 teaspoon dried

1 clove(s) garlic, minced

> 1/4 teaspoon pepper, black

➤ 1/4 teaspoon paprika

2 1/2 pounds chicken, pieces (breast halves, thighs, and drumsticks), skin removed

> 3/4 cup(s) bread crumbs, fine, dry

2 tablespoon margarine, melted



## **Recipe Tip:**

Prepare and refrigerate 2 to 24 hours.

## **Preparation**

- 1. Line a 15x10x1-inch baking pan with foil; set aside. In a large bowl, stir together mustard, water; thyme, garlic, pepper, and paprika; set aside. In another bowl or a plastic bag, place bread crumbs; set aside.
- 2. Dip the chicken pieces into the mustard mixture, allowing excess to drip off. Roll or shake chicken in the bread crumbs.
- 3. Arrange the coated chicken pieces in the prepared pan so the pieces do not touch. Cover tightly with plastic wrap. Refrigerate for 2 to 24 hours.
- 4. To bake, preheat the oven to 375° F. Drizzle the chicken with the melted margarine. Bake, uncovered, for 40 to 50 minutes or until coating is golden and an instant-read thermometer inserted in chicken registers 170° F for breasts or 180° F for drumsticks or thighs. Do not turn during baking. Serve warm. Makes 4 to 6 servings.