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Pepperoni Pizza With Pumpkin

Prep Time: 15 mins Cook Time: 20 mins Total Time: 35 mins

Ingredients

- > 1 pounds pizza dough, whole wheat, thawed if frozen*
- > 1 cup(s) pumpkin, puree, unseasoned
- > 1/2 cup(s) tomato sauce, low sodium
- > 1/2 teaspoon garlic powder
- > 1 cup(s) cheese, mozzarella, part-skim, shredded
- ➤ 1/2 cup(s) cheese, grated Parmesan
- > 2 ounce(s) pepperoni, turkey, sliced, (about 1/2 cup)

Preparation

- 1. Place oven rack in the lowest position; preheat to 450°F. Coat a large baking sheet with cooking spray.
- 2. Roll out dough on a lightly floured surface to the size of the baking sheet. Transfer to the baking sheet. Bake until puffed and lightly crisped on the bottom, 8 to 10 minutes.
- 3. Whisk pumpkin puree, tomato sauce and garlic powder in a small bowl until combined.
- 4. Spread sauce evenly over the baked crust. Top with mozzarella, Parmesan and pepperoni. Bake until the crust is crispy on the edges and the cheeses have melted, about 12 minutes.
- *Shopping tip: Look for balls of whole-wheat pizza dough at your supermarket, fresh or frozen and without any hydrogenated oils.