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# Veterans-For-Change

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# Zucchini With Parmesan

Prep Time: 5 mins Cook Time: 30 mins Total Time: 35 mins

### **Ingredients**

2 teaspoon oil, olive, extra virgin

➤ 2 pounds zucchini, (about 4 medium) sliced 1/4 inch thick

➤ 1/8 teaspoon salt

pepper, black ground, to taste

> 1/2 cup(s) cheese, shredded Parmesan, 1 ounce

## **Preparation**

1. Heat oil in a large nonstick skillet over medium heat.

- 2. Add zucchini and cook, stirring every 2 to 3 minutes, until tender and most of the slices are golden brown, about 25 minutes.
- 3. Reduce heat to medium-low, sprinkle with salt and pepper; stir to combine.
- 4. Sprinkle with cheese, cover and cook until the cheese is melted, 1 to 2 minutes more.
- 5. Serve warm.

